

Member Initiatives - 2024

ALZHEIMER SOCIETY OF CANADA

1. Refreshing resources

ASC reviewed and refreshed many different resources this year, including the <u>Progression: End of Life</u> information sheet with person-centred and gender-neutral language. This information sheet is one in a five-part series about the stages of Alzheimer's disease and is written for the person living with dementia and their caregivers.

2. Young caregiver resources

In March 2024, ASC will be launching 4 new web articles for young caregivers of people living with dementia. Also launching is an interview-based video with 4 siblings who provide care to their grandmother living with dementia.

These resources may be helpful from a palliative care perspective, as it will direct young caregivers to resources that could be very helpful during end-of-life for the person with dementia. It also will direct them to support groups and other mental health resources.

3. Landmark Study: The Many Faces of Dementia in Canada

On January 22, 2024, the Alzheimer Society of Canada is launching report #2 from the Landmark Study series. This report aims to provide more details about the increasing aging population in Canada over the next 30 years. Topics include, dementia and Indigenous people, ethnic and racial diversity of people affected by dementia, sex and gender differences in dementia, young onset dementia and recommendations to promote inclusivity for all people living with dementia.

These reports will help expand the knowledge of what palliative care in Canada may look like in the next 30 years. Having knowledge about the diverse groups who may be using our health-care system in later life more prominently will only assist in ensuring that the palliative care they receive will be of good quality.

4. Dementia resources for staff

Every year ASC refreshes Dementia Journey's, a list of resources intended to help guide people with dementia, caregivers, and health-care providers through all the stages of dementia. This year we added some end-of-life care resources from other organizations that would be helpful for staff to know about. If your organization has any end-of-life resources that would be helpful for the dementia population, we could add it in this upcoming year's update in June.

CANADIAN BREAST CANCER NETWORK (CBCN)

- 1. Continue to promote the Palliative Care ECHO Project (e-news/newsletter/website)
- 2. Developed and posted a Palliative Care Advocacy Guide overview.
 - a. What is palliative care?
 - b. The stigmatization of palliative care



- c. Inequities in palliative care
- d. How palliative care relates specifically to breast cancer.



We then provide ways for breast cancer patients to advocate for better access to palliative care, educate others about palliative care, begin the conversation with their health care providers about palliative care, and advocate for the creation and implementation of national care standards.

April 2023 CBCN staff attended the QELCCC hosted Breakfast on the Hill event.

CBCN sponsored CBCN's Rep on PCCC Judy Donovan Whitty to attend the CHPCA Conference in Ottawa October 2023

CBCN Board Rep to PCCC: Judy Donovan Whitty PEI (including when the entity was named QELCCC)
Bukun Adegbembo, Msc (she/her)
Manager of Operations/Gestionnaire des operationsCanadian Breast Cancer Network/Reseau canadien du cancer du sein
613-230-3044 ext. 255

https://www.cbcn.ca/web/default/files/public/Reports/Palliative Care Advocacy EN.pdf

CANADIAN ASSOCIATION OF OCCUPATIONAL THERAPISTS (CAOT)

- 1. CAOT, with support from the Palliative and End-of-life Care Practice Network, developed an occupational therapy practice document focused on palliative care. The document outlines, "What is Palliative Care?" and "The Role of Occupational Therapy in Palliative Care." The document is currently being translated into French and will be publicly available early 2024.
- CAOT submitted a <u>2024</u> written submission for the <u>pre-budget</u> consultations in advance of the <u>upcoming federal budget</u>. The submission includes a call to scale up primary care with a focus on palliative care with recommendations to increase palliative care funding and increase access to quality palliative health care services, including occupational therapy, within the care continuum.

CANADIAN ASSOCIATION FOR SPIRITUAL CARE (ACSS)

In partnership with Pallium Canada and its Palliative Care ECHO Project, the Spiritual Care Community of Practice was created. There were five webinars facilitated by a team of four CASC/ACSS members. The response to these webinars was very positive.

In partnership with the Canadian Home Care Association, the creation of the Canadian Association for Spiritual Care Testimonial, entitled, "Spiritual Care—A Critical Component of Interdisciplinary Palliative Care.

The Spiritual Care Competencies for Palliative and Bereavement Care were adapted for and submitted for inclusion into the Canadian Interdisciplinary Palliative Care Competency Framework. This is the first Appendix to the original Framework.

CASC/ACSS has created its own Community of Practice for Palliative and Bereavement Care, which is to encourage interest amongst certified members of CASC/ACSS. In addition, it is to establish an advanced certification in Palliative and Bereavement Care, modelled after the Medical and Nursing



specialties in Palliative Care, and a similar specialization in Hospice and Palliative Care implemented by the American Association of Professional Chaplains.

CANADIAN HOME CARE ASSOCIATION / CARERS CANADA

- eiCOMPASS Project: Developing Emotionally Intuitive, Competency-Based Palliative Care
 Competency in palliative care requires healthcare providers to develop skills, enhance
 knowledge, and cultivate compassion. The CHCA's eiCOMPASS Project is actively supporting
 home-based palliative care providers in this pursuit. Through a three-year Health Canada
 funding grant, we are:
 - i) Building awareness of the Canadian Interdisciplinary Palliative Care Competency Framework with home care organizations across the country.

In March 2023 we launched a national awareness campaign featuring 17 palliative care experts and champions who shared their experiences in using the Competency Framework and the value to home care providers.

ii) Developing and launching Emotional Intelligence (EI) training and tools to reinforce the competencies and help home care providers apply their skills to deliver emotionally intuitive palliative care.

We have developed 23 micro training courses (12 for Nurses and 11 for Personal Support Workers) featuring emotional intelligence (EI) skills and behaviours that enhance each of the domains in the Competency Framework.

ii) Facilitating the adoption of the Canadian Interdisciplinary Palliative Care Competency Framework through a SPRINTTM Implementation Collaborative

On September 27-28, 2023, the CHCA welcomed 14 teams from across the country to the onboarding for our new SPRINT Implementation Collaborative to test and implement the Canadian Interdisciplinary Palliative Care Competency Framework and El Training Courses and tools.

Learn more about the eiCOMPASS Project at: https://cdnhomecare.ca/eicompass/

2. Partners in Hope, Support and Comfort - National Caregiver Day Campaign (April 4, 2023) On April 4, Carers Canada (a priority program of the CHCA) and its partners recognized the many caregivers who are providing care for someone with a life-limiting illness. The national campaign featured caregivers' experiences throughout their caring journey. The three feature panels on: valuing voices, managing grief and communicating with caregivers were attended by over 250 healthcare providers, caregivers and advocates. (https://www.carerscanada.ca/national-caregiver-day-campaigns/)

3. CHCA Home-Based Palliative Care ECHO Hub

In its third successful year, our home-based palliative care ECHO Hub has engaged over 1,800 healthcare professionals. In partnership with Pallium Canada, it provides specialized knowledge and practical application for palliative care. The 2023 theme, "Essential Skills for Palliative Care," featured learning session content and resources addressing key competency domains within the National Interdisciplinary Palliative Care Competency Framework Sessions covered cultural safety, self-care, communication, care planning, and virtual care strategies. Participants gained from practical case studies and enhanced their skills through learning sessions and a resourceful



online community. We are planning our theme for 2024 and welcome you to join and build competencies in home-based palliative care. Visit: https://cdnhomecare.ca/palliative-care-echo-hub/

CANADIAN HOSPICE PALLIATIVE CARE ASSOCIATION

1. National Hospice Palliative Care Week

From May 7 to May 13, 2023, CHPCA celebrated <u>National Hospice Palliative Care Week</u> with the Palliative Care Everywhere campaign – highlighting how palliative care can help a person with a life-limiting illness regardless of the setting of care, regardless of their illness or prognosis, regardless of their postal code.

National Hospice Palliative Care Day occurs annually on the first full week (Sun. to Sat.) of May. This year, it will be taking place on May 5 – 11, 2024. Campaign announcements will be shared via CHPCA's newsletter – <u>Subscribe here</u>.

2. National Children's Hospice Palliative Care Day

October 12, 2023 was <u>National Children's Hospice Palliative Care Day</u>. CHPCA celebrated how pediatric hospice palliative care teams are Weaving the Fabric of Care across Canada, and inviting all pediatric health care workers to learn about how they can integrate a palliative approach to care in their practices and champion this care for the children and families who need it.

National Children's Hospice Palliative Care Day occurs annually on the second Thursday of October. This year, it will be taking place on October 10, 2024. Campaign announcements will be shared via CHPCA's newsletter – Subscribe here.

3. National Grief and Bereavement Day

Last year, <u>National Grief and Bereavement Day</u> was celebrated on November 21, 2023. CHPCA led its campaign Reach Out, Support the Grief Journey where we shared practical advice to inspire Canadians to overcome discomfort and provide tangible support to those around them who are grieving or bereaved. CHPCA hosted a breakfast reception on Parliament Hill in honour of the day, sponsored by the Saint Elizabeth Foundation, bringing together policymakers, local and national organizations, and community leaders to learn, share, and call for greater collective action for increased grief and bereavement support across the country.

National Grief and Bereavement Day occurs annually on the third Tuesday in November. This year, it will be taking place on November 19, 2024. Campaign announcements will be shared via CHPCA's newsletter – Subscribe here.

4. CHPCA Conference 2023

CHPCA's biennial Conference returned to an in-person format for its latest edition in Ottawa, ON, from October 12 – 14, 2023, with the theme A Palliative Revolution. Over 400 palliative care providers, researchers, and supporters came together to explore how they can transform the role of palliative care in health across the country. This biennial multi-day learning and networking event features cutting-edge presentations and research findings with a mix of applied and academic discussions, across disciplines.

The Pediatric Palliative Care Symposium, co-hosted with the Canadian Network of Palliative Care for Children, offered a full-day symposium prior to the 2023 CHPCA Conference exploring



innovative practices and models of care in pediatric palliative care.

5. The Palliative Approach Blog

CHPCA launched its new blog in Fall 2023, The Palliative Approach. The blog provides relevant and thought-provoking palliative care content for hospice palliative care professionals, volunteers, and supporters, as well as health care workers, and caregivers across Canada. It features articles in English and French on the latest research, innovative programs and initiatives, professional and personal experiences, and on building stronger support for palliative care in every community. Read more at www.chpca.ca/blog or submit a guest article by clicking here.

Canadian Compassionate Companies

CHPCA's <u>Canadian Compassionate Companies</u> certification was relaunched in 2022 - a trusted way for companies to demonstrate to the public, their partners, and to current and future employees that they provide a compassionate work environment for their teams.

6. Advance Care Planning Day

Every year on April 16th, ACP Canada celebrates Advance Care Planning Day. This year, we have two ways Canadians and hospice palliative care organizations can be involved in this initiative. This includes a Photo Mosaic and ACP in Action Stories.

ACP Canada is creating a photo mosaic of Canadians who have selected someone to speak for them in the event they can't speak for themselves. To be a part of this special project, send a photo of either yourself, your "who", or the two of you together to info@advancecareplanning.ca. The photo mosaic will be unveiled on ACP Day, everyone who send a photo will be sent a digital version and will be entered into a draw for a full colour, framed, art piece.

We also would like to build a diverse collection of stories including the experiences of Indigenous communities, persons with disabilities, and more to add to our "ACP in Action Stories" for ACP Day 2024. (View the 2023 stories here). If you have a story you would like to share as part of ACP Day 2024, please email info@advancecareplanning.ca. Please also let us know if there are other unrepresented audiences you would like us to include.

To learn more, please visit our website: ACP DAY - April 16, 2023 - ACP in Canada | PPS au Canada (advancecareplanning.ca).

7. Making Advance Care Planning More Accessible for Canadians with Disabilities

The Advance Care Planning (ACP) Canada project, led by the CHPCA, received \$1.4 million from the Government of Canada in support of making advance care planning resources more accessible for people with disabilities in Canada. This project runs until March 2025 and aims to: collaborate with key stakeholders and disability advocates; increase accessibility of ACP resources and information; and empower more people with disabilities to speak up about their future health and personal care wishes. This project includes an update national ACP poll, a more accessible ACP Canada website, updated national ACP workbook and more. To learn more about this new project, please visit our website: ACP workbook and more. To learn Canada (advancecareplanning.ca).

8. Palliative Approach in Long Term Care Community of Practice

The <u>Palliative Approach in Long Term Care (LTC) Community of Practice</u> is a group of professionals, patients, caregivers, and other interested individuals who come together to share experiences and best practice regarding ACP and palliative approaches in LTC education and



implementation-including challenges and successes.

The group is run in collaboration with <u>SPA-LTC</u> and the <u>Canadian Hospice Palliative Care Association</u>. Each meeting features guest speakers on a variety of topics around long term care. There are three main goals of the Community of Practice: act as a professional resource to colleagues on ACP and palliative approaches in LTC education and implementation; share tools and resources to advance best practices in ACP and palliative approaches in LTC across Canada; and provide a safe space to discuss, learn and explore difference perspectives on ACP and palliative approaches in LTC.

9. PACE for PSWS

<u>PACE for PSWs</u> is an exciting, flexible 10-course online program created to provide much-requested support and education for Personal Support Workers- the hearts and hands of the health care team. Advance Care Planning (ACP) content is woven into the program content, emphasizing ACP as a process, and the different conversations that can arise.

In partnership with the Institute for Life Course and Aging at the University of Toronto and Pallium Canada, the annual World Hospice and Palliative Care Day Special Lecture was hosted online, featuring Dr. Joachim Cohen, Professor, End-of-Life Care Research Group, Ghent University and Vrije Universiteit Brussel (Belgium). His keynote address focused on compassionate communities as a public health approach to palliative care. Characteristics of a compassionate city program were discussed alongside findings from research, amplifying the 2023 theme of the World Day "Compassionate Communities – Together for Palliative Care". The recording of the Special Lecture is available here.

CANADIAN PARTNERSHIP AGAINST CANCER

Palliative Care Competency Framework - Spiritual Care Update

The <u>Palliative Care Competency Framework</u> has been updated to include a new spiritual care section in recognition of the important role spiritual care professionals play in palliative and end-of-life care. This new section was developed by the Canadian Association for Spiritual Care/Association canadienne de soins spirituels (CASC/ACSS) in collaboration with the Partnership and released during Spiritual Care Week in October 2023.

The Framework is a curriculum guide and reference manual for nurses, physicians, social workers, personal support workers, volunteers, and spiritual care practitioners (newly added). To date, the framework has been endorsed by more than 20 national and provincial healthcare organizations, and incorporated in various curricula, hiring practices and accreditation standards across Canada. For more information, please visit our webpage.

Other initiatives:

1. Equitable Palliative Care Closer to Home Initiative

The Equitable Palliative Care Closer to home initiative supports the development and uptake of tools, resources and education for non-professional caregivers and health professionals providing palliative care in home and community care settings to First Nations, Inuit, and Métis Peoples. Several project proposals have been received as of early 2024. Proposal submissions may be submitted up to November 2024 to ensure partners are provided with an opportunity to submit a proposal in alignment with their capacity and priority timelines.

2. Models of Care

The Models of Care funding initiative is a pan-Canadian effort that supports the design, implementation, and evaluation of innovative models of care which aim to enhance equity in



access to care. This initiative also supports partner efforts to co-develop and validate proposed models of care through community engagement with equity-deserving populations. The Partnership is currently supporting multiple projects focused on palliative care across different stages, with project implementation planned to take place until 2027.

3. Improving Equity in Access to Palliative Care

Please refer to Healthcare Excellence Canada's member update.

CANADIAN SOCIETY OF RESPIRATORY THERAPISTS

We continue to look to develop EOL CPD for our members, including that on Project ECHO in this to encourage learners to use this tool. We worked with the Canadian Virtual Hospice to accredit five of their programs (Indigenous Cultural Safety Training, Healthcare Provider Grief: Recognizing and Responding, Grief Training: Building Healthcare Provider Capacity, Long-Term Care: Understanding and Responding to Grief, Building Capacity to Support Grieving Families in the ICU: Online Training for ICU Clinicians.

CANADIAN VIRTUAL HOSPICE

1. Advancing Grief Literacy in Canada

- The Canadian Grief Alliance (CGA), in collaboration with Canadian Virtual Hospice, was awarded \$1 million in funding by Health Canada to develop foundational resources and learning opportunities to help Canadians understand and respond to grief. Read the announcement here: https://www.canadiangriefalliance.ca/media/b3wmxmev/2023-11-15-cga-funding-announcement-nr final approved.pdf.
- The CGA will also deliver the First Steps Action Plan with recommendations to the government in 2025.
- Launched with Minister Mark Holland in November 2023, the announcement has resulted in more than 35 media stories and reach of over 50 million.
- Actions to date have included consultations with grief experts and key organizations in every province.
- In December, a public, online survey was launched to capture the experiences and needs of Canadians regarding loss and grief. Over 3800 individuals responded to the survey resulting in a massive data set on grief which will inform the work. In addition, over 500 individuals and organizations provided contact information to be further engaged in the project as it evolves.
- The Children's Grief Symposium was held in November 2023, led by the Canadian Alliance of Grieving Children.
- The "Grief Chats" monthly webinar series launched, which runs the second Monday of every month, at 8:30 pm ET. Members of the public can share grief experiences and get answers to their questions about loss, hosted by Marney Thompson and Maxinne Rattner.
- To learn more or support the work, visit https://www.canadiangriefalliance.ca/

2. My Life, My Grief - New workbook to support children

- A new engaging workbook focused on helping kids think about how someone's death is affecting their life was developed and launched in 2023 to support children ages 6-12.
- Available at <u>www.kidsgrief.ca/</u> and <u>www.deuildesenfants.ca/</u>
- This new resource compliments 3 other workbooks previously developed for children:
 - i. "Me and my illness" a workbook for children living with life-limiting illness



- 1. Available at https://www.soignonsensemble.ca/fr/
- ii. "My life, their illness" workbook for kids about grief, and how someone's illness is affecting their life
 - 1. Available at www.kidsgrief.ca/ and www.deuildesenfants.ca/
- iii. "Medical Assistance in Dying (MAiD) Activity Book" a workbook to help kids think about how someone choosing MAiD is affecting them.
 - Available at <u>www.kidsgrief.ca/</u>, <u>www.deuildesenfants.ca/</u>, <u>www.virtualhospice.ca/maid</u> and <u>www.portailpalliatif.ca/amm/</u>. All workbooks are available in English and French. Free to download.
- Funded by Health Canada and authored by Ceilidh Eaton Russell.

3. My Wishes Alberta

- My Wishes Alberta: Planning for your care is a collaboration with the Palliative Institute, Covenant Health which adapted our "Coming Full Circle" ACP booklet for Indigenous Peoples to support ACP for Albertans.
- The resource is available in CVH's books, links, and more repository and also on the Compassionate Alberta website at https://compassionatealberta.ca/plan-ahead/my-wishes-alberta-workbook

4. Learning Hub Modules – CPD Approval for Social Workers

- The Canadian Society of Respiratory Therapists recently approved multiple series of modules on the Learning Hub for CPD credits:
 - i. Indigenous Cultural Safety Training (5 credits)
 - ii. Healthcare Provider Grief: Recognizing and Responding (4 credits)
 - iii. Grief Training: Building Healthcare Provider Capacity (4 credits)
 - iv. Long-Term Care: Understanding and Responding to Grief (2.5 credits)
 - v. Building Capacity to Support Grieving Families in the ICU: Online Training for ICU Clinicians (4 credits)
- The Learning Hub aggregates free, evidence-informed learning modules to support practice.
- Developed by leaders in palliative care and grief, the modules help build capacity and confidence in delivering palliative care and grief support. Funded by Health Canada.
- Includes a repository of more than 50 webinar recordings.
- Certificate of completion available. Available in English and French. Free.
- Available at http://www.portailpalliatif.ca/apprendre/

5. Living Dying – A guide for adults supporting grieving children and teenagers

- CVH continues to steward public facing materials from Dr. Jay's Children's Grief Centre including the very popular handbook "Living Dying" by Ceilidh Eaton Russell.
- Find the link to purchase a hard copy on www.kidsgrief.ca

Coming in 2024!

6. Innovation Challenge

The International Palliative Care Innovator of the Year will once again in 2024. Six finalists will be chosen through a peer-review process to compete in a high-energy power hour of innovation on Friday, October 18, 2024, 12:30 - 2:00 pm during the International Palliative Care Congress in Montreal.



Finalists will have six minutes to capture the attention of the voting audience and our panel of eminent palliative care judges. The winner will be named "International Palliative Care Innovator for 2024" and will receive \$1,000 CAN and a trophy from Canadian Virtual Hospice.

Learn more and submit your innovation here: https://www.mipcc2024.ca/innovation-challenge

7. Interview series with Kathryn Mannix

- A series of clips from a three-hour interview with Kathyrn Mannix, international palliative care leader and advocate, will be released in early 2024.
- New Series of Videos on YouthGrief.ca / DeuilDesAdos.ca

8. A new series of videos featuring grieving youth will be added to YouthGrief.ca in the spring of 2024.

 YouthGrief.ca was designed – from content to art to design — by grieving youth, for grieving youth. Thirty French and English youth who've "been there" share wisdom, experiences, and advice about what it's like to grieve when someone they care about has died and what has helped them. Content specific to parents, guardians and educators is included.

9. Virtual Healing Quilt

- Inspired by the impacts of the COVID-19 pandemic, and the vision of Elder Albert McLeod, the Virtual Healing Quilt is an online platform to help families come together virtually to grieve, to memorialize and honour their loved-one(s) and begin to heal together.
- Families can create a digital quilt panel that depicts the life story or other special remembrances of their loved one.
- The completed panel will become part of a virtual mosaic of quilt squares from across Canada that visitors can scroll through to honour those who have died.
- Funded by the Winnipeg Foundation, the Virtual Healing Quilt will launch in 2024.

10. Veterans Transition, Loss, and Grief Project

- Canadian Virtual Hospice has been engaged by Veterans Affairs Canada to develop a
 suite of online resources to provide psychosocial support tailored to the specific needs of
 grieving Veterans and their families including traumatic loss, managing intense emotions,
 multiple losses, ambiguous loss, managing difficult situations, managing family dynamics,
 maladaptive coping strategies, and the grief and loss of identity associated with
 transitioning back to civilian life.
- Extensive engagement with Veterans, families and organizations has driven the development of a set of online modules, which include over 600 video clips of the lived experience of Veterans and their families.
- Additional services include a series of webinars designed for Veterans and families, and a pilot of grief online peer support groups for Veterans.
- Funded by Veterans Affairs Canada, the project will launch in the Spring of 2024.

11. Saluting Service – Honoring the Contributions and Service of Veterans

- Leveraging the Virtual Healing Quilt, Saluting Service is a platform where families can honor the service of Canadian Armed Forces and Royal Canadian Mounted Police Veterans.
- The online platform will allow families to come together to create a digital quilt panel to honor the service of a Veteran (living or deceased).



- The completed panel will become part of a virtual mosaic of quilt squares from across Canada, acknowledging and honoring the service and contributions of CAF and RCMP Veterans
- Funded by Veterans Affairs Canada, Saluting Service will launch in 2024.

NATIONAL INITIATIVE FOR THE CARE OF THE ELDERLY (NICE)

The National Initiative for the Care of the Elderly (NICE) is a network of researchers, practitioners, students, and seniors dedicated to improving the care of older adults. NICE Information Tools generated by NICE research are augmented by reports from national research entities, e.g., the Canadian Institutes of Health Research (CIHR) and/or the National Institutes of Health (NIH) in the United States.

Initiatives:

1. End-of-Life Issues Theme Team Activities

Activities of the End-of-Life Issues Theme Team (EOLITT) focus on the further distribution of the network's evidence-based Information Tools, including Capacity and Consent and When Someone Close to You is Dying. These are available for free <u>download</u>.

2. World Hospice and Palliative Care Day Special Lecture

In partnership with the Institute for Life Course and Aging at the University of Toronto and Pallium Canada, the annual World Hospice and Palliative Care Day Special Lecture was hosted online, featuring Dr. Joachim Cohen, Professor, End-of-Life Care Research Group, Ghent University and Vrije Universiteit Brussel (Belgium). His keynote address focused on compassionate communities as a public health approach to palliative care. Characteristics of a compassionate city program were discussed alongside findings from research, amplifying the 2023 theme of the World Day "Compassionate Communities – Together for Palliative Care". The recording of the Special Lecture is available here.

PALLIUM CANADA

1. Advancing palliative care through research

Over the past year, Pallium has made major advancements in understanding the status of palliative care service availability in Canada.

In December 2023, we released the first pilot study results of the Canadian Palliative Care Atlas for the Central East subregion in Ontario, which represents the very first palliative care Atlas ever developed in Canada. The completed project maps out the current state of palliative care in the Central-East subregion in Ontario across several domains. It offers an in-depth, visually friendly and interactive look at aspects such as the availability of in-hospital and community-based palliative care teams, palliative care units, hospices as well as the integration of the palliative care approach across various care settings, including primary care and long-term care homes.

We also officially launched the development of the Ontario Palliative Care Atlas, mapping services across the six new Ontario Health regions, with support from the PSI Foundation and Esri Canada. The complete Palliative Care Atlas for Ontario will be released in spring 2024.

Work on our British Columbia Atlas with the support of the Sovereign Order of St. John of



Jerusalem Knights Hospitaller (Vancouver), and the Y.P. Heung Foundation, and on our Alberta Atlas with support from the Alberta Government are both well underway. We look forward to sharing those results with you in 2024.

2. Ensuring more health care professionals have the skills to provide a palliative care approach. In 2023, we remained committed to our mission of ensuring more health care professionals have the skills to provide a palliative care approach to more Canadians across all settings of care. Pallium launched several new LEAP courses, including <u>LEAP Paediatric</u>, <u>LEAP Heart</u>, <u>LEAP Oncology</u> and <u>LEAP Home Care</u>.

In the coming year, we will continue to expand and enhance our educational programs, to meet the diverse learning needs to Canadian health care providers. We look forward to the launch of our Canadian Serious Illness Conversations Course, our Psychosocial and Spiritual Care Module, and more.

3. Supporting continuous professional development

Pallium Canada continued to spread and scale of the <u>Palliative Care ECHO Project</u>, one of the fastest growing ECHO programs in the world and an important opportunity for palliative care learners to continue their learning journey. We continued to create new high-quality programs and communities of practice, including the <u>Severe and Persistent Mental Illness series</u> and the <u>Spiritual Care series</u>, that support health care providers from across Canada.

In collaboration with the <u>Long-Term Care Quality Improvement Community of Practice</u>, we launched a new <u>Quality Improvement Toolkit</u> that supports those working in long-term care facilities to improve essential conversations with their residents and their caregivers.

In 2024, we look forward to the launch of our <u>Lung Health Community of Practice</u> in collaboration with the Lung Health Foundation, our Communauté de pratique en soins palliatifs pédiatriques (in French), in collaboration with Le Phare, and our Diversity and Inclusion Community of Practice.

We thank our Hub Partners and look forward to continuing to work with them over the next year: BC Centre for Palliative Care, Canadian Association for Long-Term Care, Canadian Home Care Association, Montreal Institute for Palliative Care, North Simcoe Muskoka Hospice Palliative Care Network, North West Regional Palliative Care Program, Saskatchewan Hospice Palliative Care Association, Covenant Health, Médecins Francophones du Canada, the Canadian Society of Palliative Care Physicians and l'Institut de soins palliatifs et de fin de vie Maison Michel-Sarrazin – Université Laval.

4. Strengthening community capacity

Supporting caregivers along their caregiving journey and strengthening the important social connections within their communities continues to be a priority for Pallium.

In 2023, we launched the <u>Compassionate Communities Evaluation Guide</u>, in collaboration with the BC Centre for Palliative Care and Hospice Palliative Care Ontario (HPCO). The Evaluation Guide supports Compassionate Communities in measuring the impact of their initiatives, sharing learning outcomes and results, and facilitating discussions that translate knowledge into action. This critical step ensures the effectiveness and sustainability of compassionate community efforts.

Additionally, with the generous support of the Arbor Memorial Foundation, we are expanding the reach of our <u>Care Connections Program</u> into communities across the country. The Care Connections Program includes a suite of free resources and activities, designed to empower



Canadians to better support the caregivers in their lives.

Over the past few years, the way Canadians are working has changed. Pallium quickly adapted and after completing key pilots and a great deal of consultations, we relaunched our Compassionate Workplace Campaign to reflect that change by introducing facilitated workshops. We are actively working with workplaces across the country and have been thrilled to see the growing interest and uptake of this innovative program.

