

# **Palliative Care Education**

LEAP<sup>™</sup> Home Care is an interprofessional, facilitated learning program that focuses on the essential competencies to provide a palliative care approach, with case studies and group discussions contextualized to a home care setting.

## WHO IS IT FOR?

LEAP<sup>™</sup> Home Care is ideal for any health care professional (e.g., nurses, pharmacists, social workers, home care nurses) as well as personal support workers or care aides working in a home care context.

## **KEY LEAP™ FEATURES**

- ✓ Created and reviewed by Canadian experts
- ✓ Evidence-based
- $\checkmark$  Regularly updated and improved
- ✓ Practical, case-based

### **COURSE FEATURES**

- LEAP Home Care is available in two learning streams.
  - Home Care Professional stream: 17 interactive, selflearning online modules completed at your own pace (approximately 8 hours of work).
  - Personal Support Worker stream: 16 interactive, self-learning online modules personalized for PSWs, completed at your own pace (approximately 8 hours of work).
- Learners from both streams join together for 6 hours of online webinars led by LEAP<sup>™</sup> facilitators where learners will work through cases and discuss learnings from online modules.
- Learners receive a LEAP<sup>™</sup> certificate of completion and an electronic copy of the Pallium Palliative Pocketbook.



# FACILITATORS

LEAP<sup>™</sup> courses are taught by a dedicated group of palliative care clinicians and educators from across Canada. From major cities to rural towns, Pallium's certified facilitators bring their experience, knowledge, and passion to deliver LEAP<sup>™</sup> training and advocate for better palliative care in their communities.

# **COURSE MODULES**

- Taking Ownership
- Advance Care Planning
- Goals of Care and Decision-Making
- Pain Assessment
- Pain Management
- Delirium Assessment
- Delirium Management
- Hydration and Nutrition
- Depression, Anxiety and Grief
- Dyspnea
- Hydration and Nutrition
- Gastrointestinal Symptoms
- Palliative Sedation
- Psychosocial and Spiritual Distress
- Requests to Hasten Death
- Last Days and Hours
- Essential Conversations

### ABOUT PALLIUM CANADA

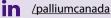
Pallium is a national, non-profit organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

To learn more about LEAP<sup>™</sup> courses and other resources, visit **pallium.ca** 

#### CONNECT WITH US



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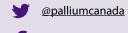
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