

Palliative Care Education

LEAP Personal Support Worker is an online, self-learning course that focuses on the essential competencies to provide a palliative care approach.

WHO IS IT FOR?

LEAP Personal Support Worker is for personal support workers, care aides, and health care assistants working in long-term care, home care, nursing homes, and acute care.

COURSE FEATURES

- Interactive, self-learning online modules completed at your own pace (approximately 8 - 10 hours of work).
- Short quizzes at the end of each module to assess knowledge.
- Learners receive a LEAP certificate of completion.

KEY LEAP FEATURES

- ✓ Created and reviewed by Canadian experts
- ✓ Evidence-based
- ✓ Regularly updated and approved
- ✓ Practical, case-based

LEARNING OUTCOMES

- Identify individuals who could benefit from a palliative care approach
- Recognize the meaning of key terms related to Advance Care Planning
- Identify pain types and causes of pain
- Recognize the role that personal support workers/care aides/health care assistants play in helping the care team select medication
- Recognize the impact that delirium has on patients and families
- Recognize the difference between individuals experiencing normal grief, and those at risk of more complicated grief
- Identify the 'Dignity Conserving Care' approach to support individuals and maintain hopefulness

SELF-LEARNING MODULES


- Taking Ownership
- Advance Care Planning
- Goals of Care and Decision-Making
- Pain - Introduction to Pain
- Pain - Observation and Screening
- Pain - Understanding Pain Medication
- Pain - Understanding Pain Management
- Delirium Screening
- Depression, Anxiety, and Grief
- Dyspnea
- Hydration and Nutrition
- Gastrointestinal Symptoms
- Suffering, Spiritual Care, and Maintaining Hope
- Last Days and Hours
- Communication


ABOUT PALLIUM CANADA


Pallium is a national, non-profit organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

To learn more about LEAP courses and other resources, visit pallium.ca

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LEAP Learning Essential
Approaches to Palliative Care