

Palliative Care Education

LEAP™ Personal Support Worker is an online, self-learning course that focuses on the essential competencies to provide a palliative care approach.

WHO IS IT FOR?

LEAP™ Personal Support Worker is for personal support workers, care aides, and health care assistants working in long-term care, home care, nursing homes, and acute care.

COURSE FEATURES

- Interactive, self-learning online modules completed at your own pace (approximately 8–10 hours of work).
- Short quizzes at the end of each module to assess knowledge.
- Learners receive a LEAP™ certificate of completion.

KEY LEAP™ FEATURES

- ✓ Created and reviewed by Canadian experts
- ✓ Evidence-based
- ✓ Regularly updated and approved
- ✓ Practical, case-based

LEARNING OUTCOMES

- Identify individuals who could benefit from a palliative care approach
- Recognize the meaning of key terms related to Advance Care Planning
- Identify pain types and causes of pain
- Recognize the role that personal support workers/care aides/health care assistants play in helping the care team select medication
- Recognize the impact that delirium has on patients and families
- Recognize the difference between individuals experiencing normal grief, and those at risk of more complicated grief
- Identify the 'Dignity Conserving Care' approach to support individuals and maintain hopefulness

SELF-LEARNING MODULES

- Taking Ownership
- Advance Care Planning
- Goals of Care and Decision-Making
- Pain - Introduction to Pain
- Pain - Observation and Screening
- Pain - Understanding Pain Medication
- Pain - Understanding Pain Management
- Delirium Screening
- Depression, Anxiety, and Grief
- Dyspnea
- Hydration and Nutrition
- Gastrointestinal Symptoms
- Suffering, Spiritual Care, and Maintaining Hope
- Last Days and Hours
- Communication


ABOUT PALLIUM CANADA


Pallium is a national, non-profit organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

To learn more about LEAP™ courses and other resources, visit pallium.ca

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LEAP Learning Essential
Approaches to Palliative Care