

Palliative Care Education

LEAP Carers is an online, self-learning course that provides carers with information and resources to help them provide care to their family or friends living with a serious illness.

WHO IS IT FOR?

LEAP Carers is ideal for anyone who provides care to a person with a serious illness or for anyone who wants to support a carer.

COURSE FEATURES

- 4 online, self-learning modules.
- Built by Canadian hospice, palliative care, and caregiver experts.
- Participants will receive a LEAP certificate of completion.
- LEAP Carers builds on the highly successful caregiver training program from the Champlain Hospice Palliative Care Program and focuses on a series of free, online interactive modules that focus on the 'functional' aspect of being a caregiver.

KEY LEAP FEATURES

- ✓ Created and reviewed by Canadian experts
- ✓ Evidence-based
- ✓ Regularly updated and approved
- ✓ Practical, case-based

LEARNING OBJECTIVES

- Recall the definition of a palliative care approach
- Recall what determines if someone is capable of giving informed consent
- Identify the key elements of advance care planning
- Recall the proper technique for lifting
- List the differences between a sterile and a clean environment
- Recall the steps of proper hand washing
- Identify what a DNR is
- Recall what to expect at end of life
- List strategies for managing medications
- List forms of advocacy and self-care

TOPICS COVERED INCLUDE

- The Role of Carers
- What is Hospice and Palliative Care and the Palliative Care Approach
- Communications Skills
- Advance Care Planning
- Providing Personal Care
- Sterile and Clean Environments
- Do Not Resuscitate (DNR)
- Self-Care and Self-Compassion
- What to Expect at End of Life
- Medication Management


ABOUT PALLIUM CANADA


Pallium is a national, non-profit organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

To learn more about LEAP courses and other resources, visit pallium.ca

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LEAP Learning Essential
Approaches to Palliative Care