

# Online Palliative Care Education

LEAP Online is a facilitated online learning program that provides health care professionals with the essential skills and competencies of the palliative care approach.

## Who is it for?

LEAP Online is ideal for any health care professional (e.g. physician, nurse, social worker, pharmacist, etc.) who would like to complete training in palliative care at their own pace and who provides care for patients with life-threatening and progressive life-limiting illnesses.

## Course Features

- This Group Learning program has been certified by the College of Family Physicians of Canada for up to **24 Mainpro+ credits**.
- This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa’s Office of Continuing Professional Development. You may claim a maximum of **12.0 hours** (credits are automatically calculated).
- 16 interactive, self-learning online modules completed at your own pace (approximately 8 hours of work).
- 6 hours of online webinars led by LEAP facilitators where learners will work through cases and discuss learnings from online modules.
- Built by Canadian palliative care experts.
- Participants will receive a LEAP certificate of completion and an electronic copy of the *Pallium Palliative Pocketbook*.

## Self-Learning Online Modules

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|-------------------------------------|---|
| ◆ Taking Ownership                  | ◆ Dyspnea   |
| ◆ Advance Care Planning             | ◆ Hydration and Nutrition                         |
| ◆ Goals of Care and Decision-Making | ◆ Gastrointestinal Symptoms                       |
| ◆ Pain Assessment                   | ◆ Palliative Sedation                             |
| ◆ Pain Management                   | ◆ Request to Hasten Death                         |
| ◆ Delirium Assessment               | ◆ Suffering, Spiritual Care, and Maintaining Hope |
| ◆ Delirium Management               | ◆ Last Days and Hours                             |
| ◆ Depression, Anxiety, and Grief    | ◆ Module Evaluation                               |

## Key LEAP Features:

- ✓ Created and reviewed by experts
- ✓ Evidence-based
- ✓ Regularly updated and improved
- ✓ Practical, case-based
- ✓ Interprofessional
- ✓ Accredited

To learn more about LEAP courses, tools, and resources visit: [www.pallium.ca](http://www.pallium.ca)

## About Pallium Canada

Pallium is a national, non-profit organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.