



# Online Palliative Care Education

LEAP Online is a facilitated online learning program that provides health care professionals with the essential skills and competencies of the palliative care approach.

## Who is it for?

LEAP Online is ideal for any health care professional (e.g. physician, nurse, pharmacist, social worker, etc.) who would like to complete training in palliative care at their own pace and who provides care for patients with life-threatening and progressive life-limiting illnesses.

## Course Features

- This Group Learning program has been certified by the College of Family Physicians of Canada for up to **24 Mainpro+ credits**.
- This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa’s Office of Continuing Professional Development. You may claim a maximum of **12.0 hours** (credits are automatically calculated).
- 16 self-directed and interactive online modules completed at your own pace (approximately 8 hours of work).
- 4 one-hour online webinars led by LEAP facilitators where learners will work through cases and discuss learnings from online modules.
- Built by Canadian palliative care experts.
- Participants will receive a LEAP certificate of completion and an electronic copy of the *Pallium Palliative Pocketbook*.

- ◆ Taking Ownership
- ◆ Advance Care Planning
- ◆ Goals of Care and Decision-Making
- ◆ Pain Assessment
- ◆ Pain Management
- ◆ Delirium Assessment
- ◆ Delirium Management
- ◆ Depression, Anxiety, and Grief
- ◆ Dyspnea
- ◆ Hydration and Nutrition
- ◆ Gastrointestinal Symptoms
- ◆ Palliative Sedation
- ◆ Request to Hasten Death
- ◆ Suffering, Spiritual Care, and Maintaining Hope
- ◆ Last Days and Hours
- ◆ Essential Conversations

## About Pallium Canada

Pallium is a national, non-profit organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

## Key LEAP Features:

- ✓ Created and reviewed by experts
- ✓ Evidence-based
- ✓ Regularly updated and improved
- ✓ Practical, case-based
- ✓ Accredited

To learn more about LEAP courses, tools, and resources visit: [pallium.ca](http://pallium.ca)

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