

PALLIUM
CANADA
ANNUAL
REPORT

2015|2016

TABLE OF CONTENTS

- 3 Leadership Message - Board Chair & National Director
- 4 Leadership Message - Scientific Officer
- 5 National LEAP Advisory Committee (NLAC)
- 6 Learning Essential Approaches to Palliative Care
- 7 LEAP Facilitator Training
- 8 Pallium Products and Social Media
- 9 Mobilizing Compassionate Communities
- 10 Engagements and Partnerships
- 13 Contributors and Financials
- 14 LEAPing Forward
- 15 Vision 2020 - Strategic Plan

“Through its dedicated resources, innovative approaches, dynamic leadership, and expert engagement, Pallium Canada is well-positioned to succeed in its mission to enhance the competence and confidence of all providers of palliative care in all care settings across Canada. I am excited to be a part of this passionate, visionary team.”

LINDA READ PAUL, RN MN CHPCN(C)

“Through its people and programs Pallium Canada is helping to normalize conversations and perceptions around quality end of life care in a society that has tended to be death denying. This reorientation will only make us a stronger more compassionate society where people can feel loved, cared for and understood as they journey to the end of their lives. This is the gift of Pallium Canada.”

DR. TOM FOREMAN, DHCE, MA, MPA

LEADERSHIP MESSAGE

BOARD CHAIR & NATIONAL DIRECTOR

Dear Stakeholders,

Nothing impacts us and our families more intimately than the death of a loved one. Across Canada, only 16 to 30 percent of us have access to or receive good quality palliative and end-of-life services. A service that improves the quality of life of individuals and their families facing the problems associated with life-threatening illnesses. There have been numerous calls for better access to palliative care all across Canada; calls that will only get louder as Canadian baby boomers age. In fact, by 2036, seniors will account for 23-25 percent of the total population in Canada. Pallium Canada works to develop a wider community context within which palliative care services make their contributions. This has primarily been accomplished through the dissemination of our Learning Essential Approaches to Palliative Care (LEAP) courseware and the development of educational palliative care resources such as the Pallium Palliative Pocketbook, ePocketbook and other eLearning resources, available in both French and English.

Year two of the ***Building the Future of Palliative Care Together*** federally funded project has fostered remarkable strides towards our vision of ensuring every Canadian who requires palliative care receives it early, effectively and compassionately. We have honed our Vision 2020 strategic plan to respond to the dynamic, changing environment of palliative care in our mission to educate healthcare professionals and family supporting carers, integrate palliative care into Canadian health and social systems, create a sustainable presence and mobilize Compassionate Communities.

Our suite of Learning Essential Approaches to Palliative Care (LEAP) courseware has grown to include LEAP Core, LEAP Mini, LEAP Oncology, LEAP Long-Term Care, LEAP Paramedic, LEAP Carers and Taking Ownership. All of which are interprofessional, competence-based, peer-reviewed, regularly updated and developed by content experts across Canada. Through our educational LEAP courseware, the Pallium Palliative Pocketbook and our online eLearning videos, Pallium has been able to educate over 220,000 individuals to date.

In order to build capacity and empower more healthcare professionals to provide palliative care, Pallium has continued training LEAP Facilitators throughout the country. Through standardization, accreditation and the establishment of LEAP Coaches, LEAP courses are now as accessible as they have ever been all across Canada. LEAP courses have become more culturally sensitive to First Nations, Inuit and Metis (FNIM) serving communities with the incorporation of cultural competencies into LEAP Facilitator training, guided by FNIM vetting and first-hand input.

Throughout 2015-16, Pallium has continued to collaborate and create partnerships across society, health professionals, organizations and sectors. These initiatives include partnerships both inside and outside of Canada with international partners such as: Japan, Portugal, Barbados, Jamaica, Trinidad and Tobago, Belize, Dominica and Ireland.

None of our many accomplishments would be possible without the continued dedication and support we receive from our Board of Directors, National LEAP Advisory Committee, Estate of the Late Patrick Gillin, Health Canada, National Office Team and engaged stakeholders. We look forward and count on your continued engagement and guidance in 2016-17. Thank you.

Together WE can do more.

Dr. Srin Chary and Dr. Kathryn Downer



Srin Chary, MBBS, CCFP (PC), DA, FRCSEd
Board Chair



Kathryn Downer, MSc, EdD
National Director

BOARD OF DIRECTORS

- **Srin Chary**, MBBS, CCFP (PC), DA, FRCSEd
- **Rabbi Reuven Bulka**, PhD
- **Deborah L. Weinstein**, LL.B.
- **Beverley Lepine**, BBA, CA, ICD.D
- **Paul Labbe**, BSc, BCL, ISMP
- **Andrée Gillin**
- **Pippa Hawley**, B.Med. FRACP, MRCP, FRCPC
- **Kathryn Downer**, MSc, EdD
- **José Pereira**, MBChB, DA, CCFP (PC), MSc
- **Gérald Savoie**, B.Sc., M. Adm. Hosp.

LEADERSHIP MESSAGE

CHIEF SCIENTIFIC OFFICER

Dear Pallium Community,

Over the past year, Pallium has fine-tuned and more broadly disseminated a suite of setting-based and needs-based LEAP courses. In addition to LEAP Core, LEAP Mini and LEAP Oncology, Pallium has launched LEAP Long-Term Care, LEAP Paramedic, LEAP Renal, Essential Conversations and Taking Ownership. In keeping with our goal to equip healthcare professionals with the skills and tools to provide a palliative care approach, Pallium will be taking our suite of LEAP courseware to the next level with the development of: LEAP Online, LEAP Heart, LEAP Liver, LEAP Hospital, LEAP Carers, LEAP ED, LEAP Surgery, LEAP Lung, LEAP Hospice, LEAP Complex Continuing Care and the LEAP Undergraduate Basket. For more information on the current status of upcoming LEAP Courses, please visit: www.pallium.ca.



José Pereira,
MBChB, DA, CCFP (PC), MSc
Chief Scientific Officer

As designed in the development process, we have received a lot of excellent feedback for ongoing modification and updating of our LEAP curriculums. For instance, our LEAP Long-Term Care course was originally designed for personal support workers to serve as champions and agents of change. Throughout the piloting stage, it became evident that long-term care facilities wanted Pallium to provide basic knowledge and skills rather than our champion approach. Pallium responded and made this change, integrating basic knowledge and skills into the LEAP LTC curriculum while retaining some element of champion development and organizational change. Pallium is also using LEAP LTC as a vehicle to drive engaged long-term care staff to additional training, such as Kath Murray's Death Matters (www.lifeanddeathmatters.ca). The development and subsequent piloting of LEAP Renal, which originated from a collaboration with Cancer Care Ontario and its Ontario Renal Network, has also gone very well. It has provided valuable feedback on content and curriculum redesign.

What has been most encouraging is that Pallium has been approached by organizations to create tailored education that address emerging needs in our health and social systems. The development of LEAP Paramedic, LEAP Carers, LEAP Renal, LEAP Pediatrics and LEAP Pharmacy are examples of this. Organizations all across Canada are realizing Pallium's value and Pallium in turn is working to make those collaborations as effective as possible within its resource capacities.

We are very proud of the release of the 2nd Edition of the Pallium Palliative Pocketbook and the Pallium App. Highlights and new additions to the Pocketbook include a dedicated section on Advance Care Planning, new content on delirium, updated dosages to reflect current best practices, and a reformatted index. The 2nd Edition is also available for download as an ePocketbook from Apple's iBooks Store and Amazon's Kindle Store. The Pallium App is available for download from Apple's App store and Google Play.

The Pallium Portal has made great strides and evolved over the past two years, but continues to be a work in progress. We have learned a lot and thank our stakeholders for their invaluable feedback and patience. We look forward to obtaining funding to help us move to a second generation Portal that is more efficient and user friendly. Notwithstanding the glitches, the Portal is showing considerable strengths. These include making materials accessible and collecting important data that is critical to curriculum design and improvements, quality control and assurance, continuing education credits tracking, determining learner needs and course utilization, accountability to funders and supporting advocacy with potential future funders.

We would like to express our gratitude and deepest appreciation to all of the Pallium community, including the contributors that have helped make Pallium what it is today. It is an ongoing privilege to work with the wonderful people who make up our community and to be part of the movement to improve palliative care and its access to Canadians.

Sincere thanks,

Dr. José Pereira

NATIONAL LEAP ADVISORY COMMITTEE

The National LEAP Advisory Committee guides the design, re-development, renewal, and dissemination of our Learning Essential Approaches to Palliative Care (LEAP) courseware and educational initiatives. The Committee provides strategic direction to ensure that the LEAP courseware meets the needs of stakeholders, is cohesive and consistent, and satisfies National standards and professional competencies.



Mary Lou Kelley, MSW, PhD
NLAC Chair



Kathryn Downer, MSc, EdD



José Pereira, MBChB, DA, CCFP (PC), MSc



Anya Humphrey, Family Carer



Jill Marcella, MSW, RSW



Lori Teeple, MD, CCFP(EM), FCFP



Tom Foreman, DHCE, MA, MPA



Sandy Buchman, BA, MD, CCFP (PC), FCFP



Julie Johnston, Hospice



Linda Read Paul, RN MN CHPCN(C)



Maryse Bouvette, BScInf. Med, CSIO(C), CSIP(C)



Glen Maddison, M.D., MCFP (EM)



Romaine Gallagher, MD, CCFP (PC)



Sally Tierney, BScPhm

DR. GLEN MADDISON, M.D. MCFP (EM)

"By bringing palliative care training to many of the local LTC facilities through Learning Essential Approaches to Palliative and End-of-Life Care (LEAP) courses, we have been able to increase the knowledge and confidence of the LTC staff and thus decrease the transfers to hospital for pain and symptom management and end-of-life care issues"





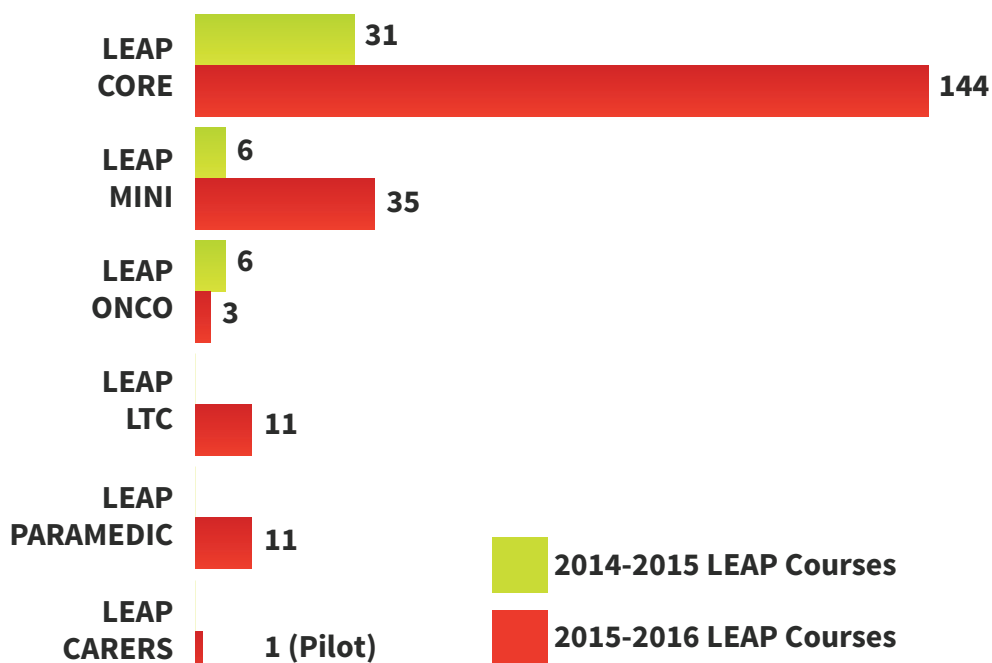
Pallium Canada's Learning Essential Approaches to Palliative Care (LEAP) courses are generalist level interprofessional palliative care education designed for nurses, physicians, pharmacists, social workers, paramedics, care aides and carers. LEAP Courses are tailored to various settings of care to ensure Canadians have access to the right care, at the right time, in the right place.

ALL LEAP COURSES ARE:

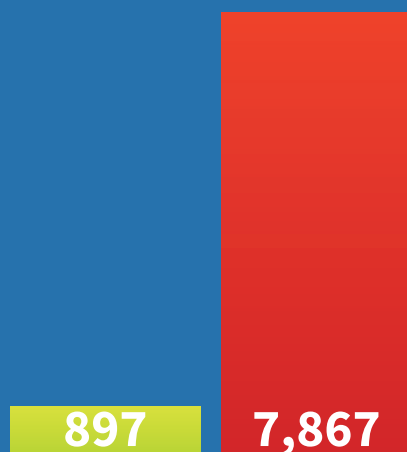
- ✓ Developed by content experts across Canada
- ✓ Competency-based
- ✓ Interprofessional
- ✓ Practical and case-based
- ✓ Regularly updated
- ✓ Peer-reviewed
- ✓ Modular and flexible
- ✓ Group and case-based learning



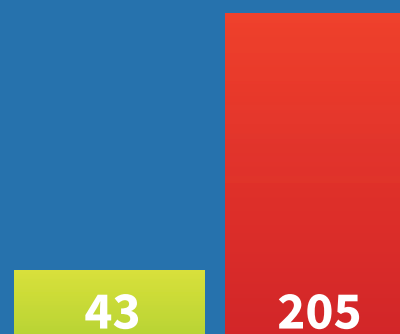
LEAP COURSES DELIVERED



LEAP PARTICIPANTS 14|15 VS. 15|16



TOTAL LEAP COURSES 14|15 VS. 15|16



LEAP FACILITATOR TRAINING

MASTER FACILITATOR TRAINER AND COACH - DR. LORI TEEPLE

This year I have had the amazing experience of working as the Master LEAP Facilitator and Coach for Pallium Canada. The sheer geographical breadth of training is something that Pallium is extremely proud of. In 2015-16, Pallium conducted LEAP Facilitator trainings nationally from sea to sea with sessions as far west as Victoria, BC to as far east as Corner Brook, Newfoundland. Pallium was also invited by the University of the Southern Caribbean and the Barbados Association of Palliative Care to train across the Caribbean. In total, Pallium Canada hosted 9 LEAP Facilitator sessions, certifying 127 LEAP Facilitators and bringing the total number of LEAP Facilitators to 510 across Canada and 22 across Barbados, Trinidad, Tobago, Belize and Jamaica.

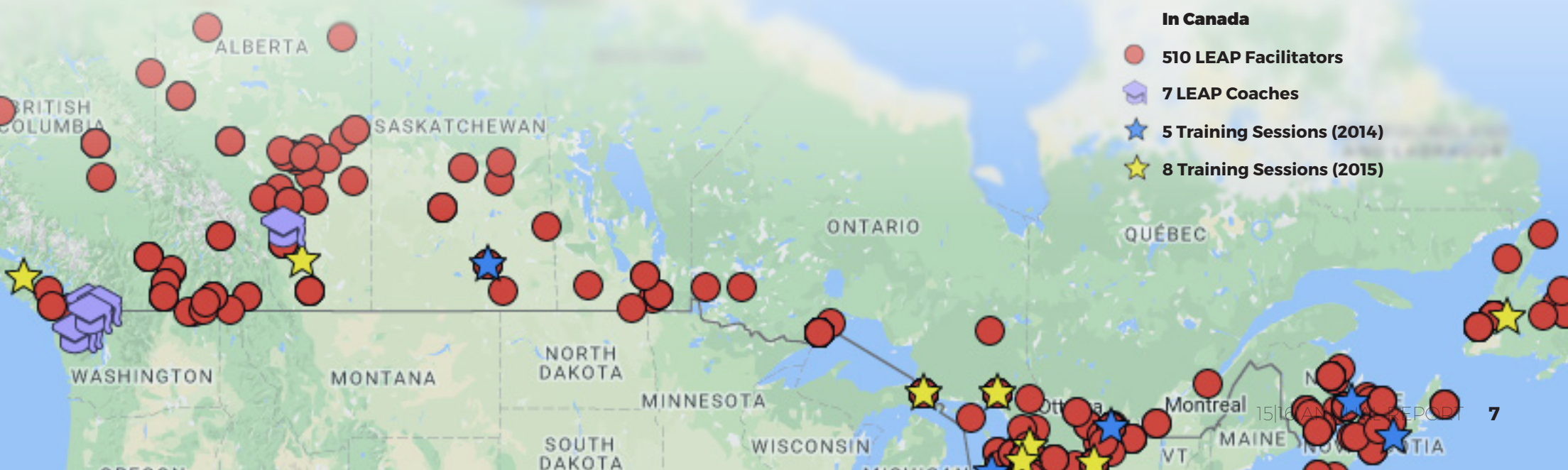
A major 2015-16 accomplishment has been the inclusion of intercultural competencies in LEAP Facilitator training. Building off our First Nations, Inuit and Metis (FNIM) Provincial Palliative Care Engagement Symposium in Manitoulin Island and our Palliative Care Educational Planning Meeting at Six Nations Polytechnic, Pallium has incorporated intercultural competency attitudes, skills and knowledge into LEAP Facilitator training. In February 2016, FNIM representatives observed our inclusion of intercultural competencies at a LEAP Facilitator training session in Kingston, Ontario. It was very well received and has become an ongoing pillar of our LEAP Facilitator training.

Another 2015-16 milestone was the accreditation of the LEAP Facilitator training program. It is now accredited by the College of Family Physicians of Canada for 30 certified group learning credits, formally 15 Mainpro-C credits. In addition to accreditation, we have also strengthened our LEAP Facilitator program through standardization with many trainees graduating to full certification.

To build capacity and equip more healthcare professionals with palliative care skills and tools, Pallium has developed a LEAP Coach program. LEAP Coaches are LEAP Facilitators who have been approved by Pallium and given orientation to provide coaching to trainees to assist them in reaching certification through co-facilitation experiences. LEAP Coach orientation is a mix of in-person and virtual training with a dedicated section in the Pallium Portal that provides access to LEAP Coach materials. In 2015-16, 7 LEAP Coaches were trained with many more planned in 2016-17.

If you are a certified LEAP Facilitator, please consider becoming a LEAP Coach.

With your help and continued dedication we will continue to strengthen palliative care community capacity all across Canada!

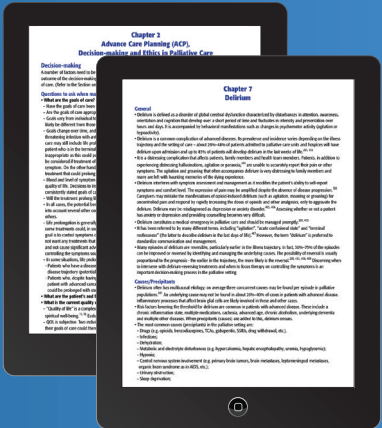


PALLIUM PRODUCTS AND SOCIAL MEDIA

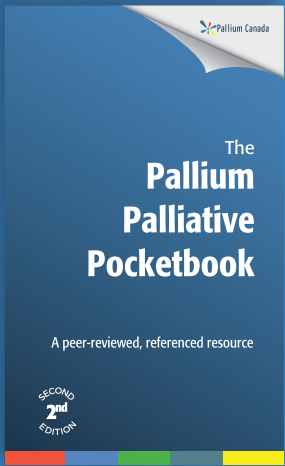
PALLIUM PALLIATIVE POCKETBOOK AND EBOOK

SECOND
2nd
EDITION

The Pallium Palliative Pocketbook, 2nd Edition was launched in early March 2016. The practical, peer-reviewed, fully-referenced one-stop resource flew off our shelves with 3,358 copies sold from March 3-31st. The 2nd Edition of the Pocketbook is also available for download as an eBook from Apple's iBooks and Amazon's Kindle store. The pocketbook is also being translated into French, Japanese and Portuguese for further dissemination.




3,358
2nd Edition copies sold from March 3-31, 2016
30,000+
distributed since 2008

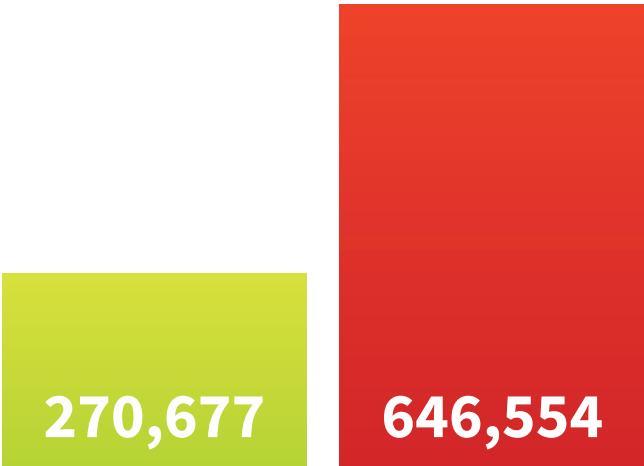


SOCIAL MEDIA

You  157,000+
Views of Doodles, Snippets and other educational videos

 1,140
Followers
1,010
Tweets

WEBSITE PAGEVIEWS 14|15 VS. 15|16



MOBILIZING COMPASSIONATE COMMUNITIES

COMPASSIONATE COMMUNITIES CO-LEADS - DR. DENISE MARSHALL & DR. KATHY KORTES-MILLER

Pallium's Compassionate Community,

To spread the Public Health Palliative Care movement and garner support, Pallium has engaged our community both in-person and virtually. This movement takes the responsibility of palliative care from a few highly trained specialists to a community that considers it “everybody’s business.” Pallium’s 2015-16 participation in the initiative was put into motion with Dr. Denise Marshall’s address at our 2014-15 AGM in Ottawa, entitled “Palliative Care as Public Health: Bringing the International Compassionate Communities Model to Canada.” This was followed up with our “Mobilizing your Compassionate Community” National Symposium that engaged 55 participants to adapt, apply and mobilize the International Compassionate Communities model to Canadian realities.

Pallium’s Compassionate Communities initiatives were further supplemented by engagement in two Twitter chats on topics related to hospice palliative medicine, or #hpm Chat as it is called online. Our first #hpm chat was conducted by Dr. Denise Marshall in October 2015 and covered all things Compassionate Communities. The chat lasted one hour and resulted in 418,956 online impressions, 373 tweets and 48 participants. Our second #hpm chat was hosted by Dr. Kathy Kortes-Miller and focused on discussions related to Compassionate Schools. Our Compassionate Schools #hpm chat resulted in 631,535 impressions, 525 tweets and 58 participants.

Pallium also highlighted “made in Canada” Compassionate Communities projects happening at home through long-form interviews. Overviews of Compassionate Communities projects happening in Windsor-Essex and Niagara West can be found on the Pallium Canada website under the Compassionate Communities tab.

#HPM N°1

418,956

online impressions

373

tweets

48

participants

#HPM N°2

631,535

online impressions

525

tweets

58

participants



In 2015-16, Pallium plans to continue our engagement in Compassionate Communities through tailored education aimed at carers, schools and neighbourhoods. Keep an eye out for LEAP Carers coming soon!

Also, be sure to join Pallium Canada and our co-host, the Canadian Hospice Palliative Care Association, at the 5th International Public Health and Palliative Care Conference to be held in Ottawa in 2017.

ENGAGEMENTS AND PARTNERSHIPS

LOCAL

- **203 LEAP courses across Canadian communities**
- Baycrest Health Sciences
- Bruyère Continuing Care
- Seneca College
- University of Ottawa Continuing Professional Development Department
- University of Toronto
- University of Toronto, Division of Palliative Care Medicine
- University of Windsor
- Western University
- Yee Hong Centre for Geriatric Care

REGIONAL

- LEAP Facilitator Training session locations
 - Calgary, Alberta
 - Toronto, Ontario
 - Victoria, British Columbia
 - Corner Brooke, Newfoundland
 - Barrie, Ontario
 - Kingston, Ontario
 - Ste. Saint Marie, Ontario
 - Sudbury, Ontario
- Champlain Education and Information Committee
- Champlain Regional Palliative Care Program
- Central East LHIN
- Toronto Central LHIN



Toronto Central LHIN - LEAP Long-Term Care Pilot



Kingston LEAP Facilitator Training - Cultural Competence Inclusion Pilot

ENGAGEMENTS AND PARTNERSHIPS

PROVINCIAL

- Alberta Health Services Emergency
- Alberta Emergency Health Services
- British Columbia Center for Palliative Care
- British Columbia Hospice Palliative Care Association
- Cancer Care Ontario
- de Souza Institute
- Hospice Palliative Care Ontario
- Ontario Centres for Learning, Research and Innovation
- Ontario College of Family Physicians
- Ontario Long Term Care Physicians
- Ontario Medical Association
- Ontario Palliative Care Network
- Ontario Renal Network
- Ontario Speak Up Campaign
- Nova Scotia Health Services
- Prince Edward Island Health Services
- Saskatchewan Palliative Care Association
- Victoria Hospice



National Paramedic EXPO - LEAP Paramedic Pilot, Edmonton



British Columbia Hospice and Palliative Care Association Conference - Keynote Address

ENGAGEMENTS AND PARTNERSHIPS

NATIONAL

- Advanced Care Planning National Task Group
- Bayshore Home Health
- Brain Tumour Foundation of Canada
- Canadian Agency for Drugs and Technology in Healthcare
- Canadian Cancer Action Network
- Canadian Cancer Society
- Canadian Caregiver Association
- Canadian Foundation of Healthcare Improvement
- Canadian Home Care Association
- Canadian Hospice Palliative Care Association
- Canadian Medical Association
- Canadian Partnership Against Cancer
- Canadian Partnership Against Cancer – Palliative End-of-Life Care National Network, Education Committee
- Canadian Society of Palliative Care Physicians
- Canadian Surgical Forum
- Canadian Virtual Hospice
- Cardus
- College of Family Physicians of Canada



National Mobilizing your Compassionate Community Symposium

- National Institute of Care for the Elderly
- Quality End-of-Life Care Coalition of Canada
- Royal College of Surgeons and Physicians of Canada
- Saint Elizabeth Home Care
- Société Santé en français
- We Care Home Health Services

INTERNATIONAL

- Barbados Palliative Care Association
- Hospice Foundation Ireland
- International Association for Hospice and Palliative Care
- Public Health Palliative Care International Compassionate Communities
- University of Southern Caribbean
- Medical Sciences International, Ltd. (Japan)
- Portuguese Association for Palliative Care
- International Congress on Palliative Care
- European Association for Palliative Care



Barbados LEAP Carers Pilot

CONTRIBUTORS

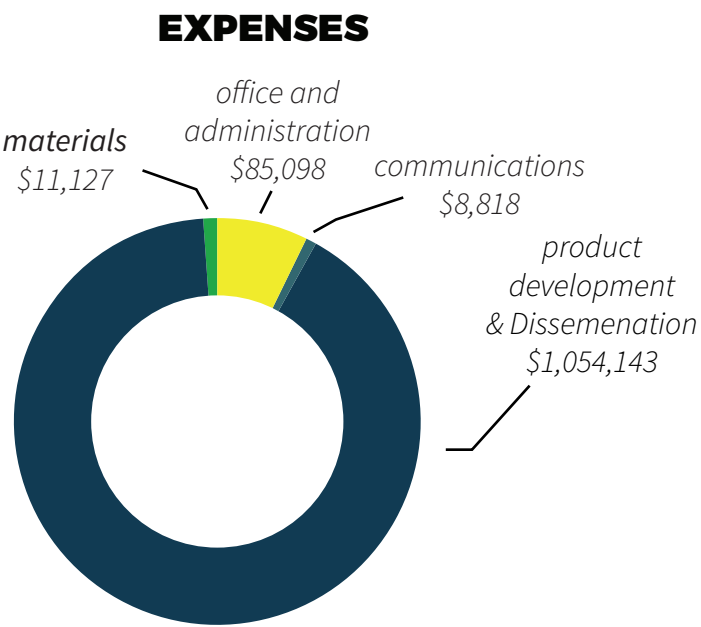
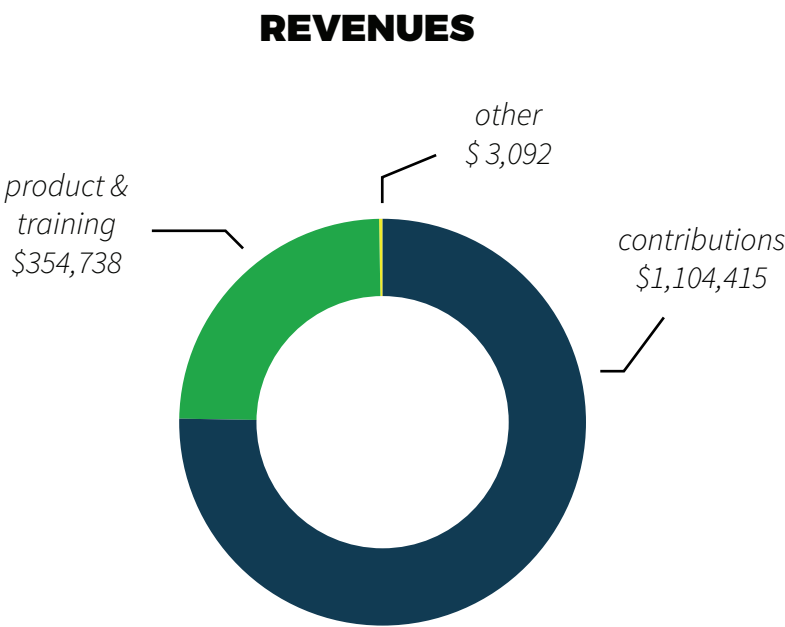
GIFT FROM THE ESTATE OF THE LATE PATRICK GILLIN

The Patrick Gillin Memorial Gift granted to Pallium Canada continues to enable further development of LEAP curriculum and other Pallium products, in particular the completion of the 2nd Edition Pallium Palliative Pocketbook, available in print and as an eBook in both French and English.

HEALTH CANADA

Federal funding announced in the 2013 Economic Action Plan has mobilized Pallium Canada to design, develop, disseminate and support a spectrum of interprofessional educational resources and tools, for front-line health care providers, in order to improve the quality of palliative and end-of-life care for Canadians through knowledge translation, implementation and capacity building.

FINANCIALS



LEAPING FORWARD

Moving into 2016-17, Pallium Canada has many significant work commitments that we are very excited about. The 2nd Edition of the Pallium Palliative Pocketbook is currently in the final stages of translation and will be available in both print and ePocketbook formats. We are also eager to launch our LEAP Mini curriculum in French. It has been piloted at the 26e congrès annuel du Réseau de soins palliatifs du Québec.

Our much anticipated Pallium App has just recently been released on Apple's App store and Google Play. The Pallium App provides just-in-time access to clinical decision-support tools, essential conversations tips, and national, provincial and local palliative care resources. Download your copy today!

We will be launching a variety of new, setting-based LEAP courses. Keep your eye on www.pallium.ca for the latest updates on upcoming LEAP courseware. In addition we intend to strengthen our use of LEAP courses to direct participants to other great palliative care resources, such as Advance Care Planning's Speak Up campaign.

There is a great deal of work to be done, but with the continued support of our dedicated community, Pallium looks forward to the challenges that 2016-17 may present.

**Thank you for making our work possible.
Together we are making a difference!**

"The goal of Pallium - to ensure that all of us receive the best possible care during life-threatening illness and at the end of life - has become my own passion as a family care giver. I am grateful to be associated with an organization determined to improve the way we die."

ANYA HUMPHREY, FAMILY CARER



A National Approach to Palliative Care Education: Building a Harmonized Suite of Courses Across the Continuum of Care - LEGO Style: Invited Pallium Presentation

PALLIUM CANADA'S VISION 2020 STRATEGIC PLAN

(AT A GLANCE)

VISION: Every Canadian who requires palliative care will receive it early, effectively and compassionately.

MISSION: To educate healthcare professionals and carers about palliative care and to accelerate the integration of palliative care in Canadian communities and healthcare systems.

VALUES



COLLABORATION

Build partnerships across society, health professionals, organizations and sectors to better meet the care needs of persons and families.



CAPACITY-BUILDING

Empower more people to provide palliative care across different settings, including home, community, hospitals, care facilities and clinics.



INTERPROFESSIONALISM

Promote interprofessional and interdisciplinary learning and work to enhance care.



EXCELLENCE

Deliver products of the highest quality; informed by best evidence.

GOALS



EDUCATION

Equip Canadian healthcare professionals across home care, community, hospitals and institutional care settings with the skills and tools to provide a palliative care approach.



HEALTH AND SOCIAL SYSTEMS

Accelerate the integration of palliative care in Canadian health and social care systems.



COMPASSIONATE COMMUNITIES

Empower Canadian communities to care for persons requiring palliative care and to support their families.



SUSTAINABILITY

Create a scalable, viable, credible and sustainable presence in every Province and Territory of Canada.

Thank you for your support!



@palliumcanada



/palliumcanada



palliumcanada



www.pallium.ca