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"Pallium Canada is a national treasure. It is doing the hard work of synthesizing evidence based best practice, educational pedagogy, and a truly person centred approach to care, as core tenets for its national mandate in Palliative Care education and enhancing our nation's psyche around Palliative care as **everybody's business.**"

#### Dr. Denise Marshall, B.Sc., MD, CCFP, FCFP

Provincial Lead, Palliative Care, Cancer Care Ontario Chair, Ontario HPC Clinical Council Palliative Care Consultant Physician, Niagara West Palliative Care Team and McNally House Hospice Associate Professor, Division of Palliative Care, Dept. of Family Medicine, McMaster University

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## LEADERSHIP MESSAGE



**Dr. Srini Chary** Pallium Canada's Board Chair

Dear Stakeholders,

We are very proud of the many great accomplishments in year one of the *Building the Future of Palliative Care Together* project. We have also learned a great deal, but never wavered from our goal of developing and disseminating the highest quality interprofessional educational resources and clinical decision-support tools for palliative and end-of-life care.

We have made extraordinary strides in the Learning Essential Approaches to Palliative and End-of-Life Care (LEAP) courseware with development of LEAP Core, LEAP Mini, LEAP Mini Oncology, LEAP Long-Term Care, LEAP Paramedic, and Taking Ownership; all designed from professional competency frameworks and best-evidence based practice.

Pallium Canada strives to provide Canadians with the right care, at the right time, in the right place. As such, the continued development of courseware tailored to care settings of need are paramount to the future success of an integrated healthcare system. In the upcoming year we will continue development of competencies and LEAP adaptations for Surgery and Emergency Departments, as well as the integration of cultural competence and representation of Aboriginal perspectives into LEAP Core through case studies and vignettes.

The LEAP Facilitator Training program has re-engaged and strengthened the community of primary-level champions in palliative care. In 2014, 149 new LEAP Facilitators were trained in Pallium-run sessions in Ottawa, Toronto (2), Ont., Regina, Sask., Truro, N.S., and Shediac N.B. In 2015, Pallium will host Facilitator Training sessions in Toronto and Thunder Bay, Ont., Calgary, Alta., Quebec City, Que., Corner Brook, N.L., and Victoria, B.C. Due to the success of the Pallium Portal, 110 existing LEAP Facilitators have reconnected to the Pallium Canada community in addition to the newly trained.

## LEADERSHIP MESSAGE (cont'd)



**Dr. Kathryn Downer** Pallium Canada's National Director

In 2015, Pallium Canada is launching a focus on the development of compassionate communities throughout Canada, in addition to the further development of tailor-made LEAP courses and more LEAP Facilitator Training sessions. Pallium will work with clinicians, carers, educators, academics, administrators, volunteers, and citizens to re-normalize death and loss. This initiative will begin working with schools and corporations to be better prepared to support friends and colleagues when dealing with death, dying, grief and loss, and will be highlighted by Pallium Canada's upcoming Symposium, *Mobilizing Your Compassionate Community*, to be held on October, 28th in Ottawa.

In 2014, Pallium Canada achieved a "Certificate of Continuance" under the new Canada Not-for-Profit Corporations Act endorsing the continuation of our work-to-date. Pallium Canada's expanded work has resulted in growth of our tight-knit team and move to a new wing of offices in Bruyère Continuing Care, Ottawa.

We would like to thank our Board of Directors, National LEAP Advisory Committee, National Office Team, and expert stakeholders nationwide for their transformative contributions this past year. We also acknowledge our funders, the Estate of the late Patrick Gillin and the Government of Canada, for providing catalyst and development funds to promote systemic improvement to palliative care delivery across Canada.

Together we have, and will continue to, make a difference!

Thank you,

Dr. Srini Chary and Dr. Kathryn Downer

## LEADERSHIP MESSAGE



**Dr. José Pereira** Pallium Canada's Scientific Officer

Dear Pallium Community,

We are entering an exciting phase of Pallium Canada's development - moving from renewal and early testing to the fine tuning and broad dissemination of Pallium Canada products. Over the past year we have completed LEAP Core, LEAP Mini, LEAP Long-Term Care, LEAP Mini Oncology, and LEAP Paramedic. Early testing has been completed and we have fine-tuned and modified based on feedback from participants and facilitators alike.

The quality of our products is the driving force behind Pallium Canada. We could not do our work without the fantastic network of expert content reviewers from different disciplines and care settings who contribute to our work from all across Canada. Their input is what ensures that we translate and diffuse the best research and practices into the field. Their contributions are what makes Pallium Canada a powerful knowledge translation and diffusion engine. Many thanks to all the reviewers who make this possible.

We are extremely proud of the peer-review process we have in place. Similarly to internationally reviewed journals, our materials, including the LEAP courses and Pallium Palliative Pocketbook, are all reviewed through a blind process.

Ensuring that best practices and evidence are diffused is not without its challenges. There are often different interpretations of research and varying opinions on best practices. We will continue to do our best to accommodate these varying opinions without compromising or diluting our focus on the essentials. Our focus is on non-palliative care specialist clinicians.

#### LEADERSHIP MESSAGE cont'd >



Over the last year we have maximized the use of digital platforms that are available to us. This has included the use of SavvyDox to fuel the peer-review process, the adaptation of the Pallium Palliative Pocketbook as an E-book, and the launch of the Pallium Portal that has now gone live to record and track learner activity. The Pallium Portal has been accessed by over 1,500 registrants and is providing us with very exciting data.

With Doodles, Snippets and Courselets, we continue to fine-tune the development processes of our e-Learning products. And now, we are embracing App technology with our soon to be publicly launched Pallium Canada App.

Most exciting is that we are making a difference. We see this through the exponential growth of course delivery across the country; registrants in the Pallium Portal, and references to Pallium Canada and our products in various publications - from recent inclusion in the Canadian Medical Associations' white paper on Palliative Care: National Call to Action, to mentions in provincial chapters of professional organizations.

This coming year will require revisiting the knowledge, attitudes, and comfort scales that we use in pre and post course testing to stimulate learning and assess impact. These scales need to be simplified and adapted to different settings and disciplines without losing their psychometric properties such as validity and reliability. More effective post course data collecting also needs to be established.

It's been a true pleasure to work for such a fine organization and with the wonderful people who make up the Pallium Canada community. It is an ongoing privilege and I have no doubt that this community will continue to grow!

Sincere thanks,

Dr. José Pereira

## PALLIUM CANADA'S MISSION

## **MISSION STATEMENT**

Pallium Canada is a national palliative education community of practice created to:

- 1. Translate knowledge and research in palliative and end-of-life care into educational resources and clinical decision-support tools in order to increase individual, organizational, and community care capacity.
- 2. Benefit the community by improving the quality of hospice palliative care and access to hospice palliative care services, community supports and resources that Canadians need and deserve.

The vast majority of Canadians who die each year still do not receive any hospice, palliative or end-of-life care. The Canadian Hospice Palliative Care Association states that only 16 to 30% of Canadians have access to palliative care and most of them only receive these services within the last days or weeks of life.

Since 2001, Pallium Canada has been the sole national organization supporting interprofessional palliative care education. Our educational resources and clinical decision-support tools are intended for community-based front-line care providers - primarily physicians, nurses, pharmacists, social workers and paramedics.

Pallium Canada's primary program streams include:

- 1. Learning Essential Approaches to Palliative and End-of-Life Care (LEAP) Courseware
- 2. LEAP Facilitator Training
- 3. E-Learning Resources
- 4. Clinical Decision-Support Tools

"Pallium Canada contributes to the creation of a national approach to palliative and end-oflife care by helping standardize the care that patients and families can expect to receive."



**Dr. Mary Lou Kelley** 

National LEAP Advisory Committee Chair

## **BOARD OF DIRECTORS**



Srini Chary, MBBS, CCFP, DA, FRCSEd



Rabbi Reuven Bulka, PhD 1st Vice-Chair



**Deborah L. Weinstein, LL.B.** 2nd Vice-Chair, Secretary



Beverley Lepine, BBA, CA, ICD.D Treasurer



**Paul Labbe, BSc, BCL, ISMP** *Director* 



Andrée Gillin Director



Pippa Hawley, B.Med. FRACP, MRCP, FRCPC

Director



Gerald Savoie, BSc, MHA Director



Kathryn Downer, MSc, EdD Director



José Pereira, MBChB, DA, CCFP, MSc Director

## CONTRIBUTORS

## GIFT FROM THE ESTATE OF THE LATE PATRICK GILLIN

The Patrick Gillin Memorial Gift granted to Pallium Canada continues to catalyze and support development of competency-based, new LEAP curriculum projects for complex chronic care, and non-cancer conditions including organ-failure end-of-life care.



**Patrick Gillin** Pallium Canada Contributor

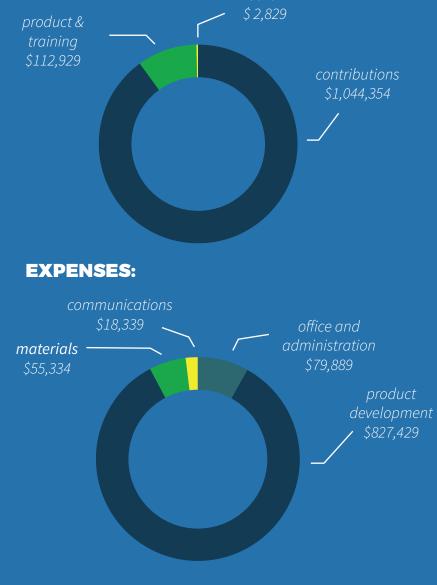
#### GOVERNMENT OF CANADA CONTRIBUTION AGREEMENT

Federal funding announced in the 2013 Economic Action Plan has mobilized Pallium Canada to design, develop, disseminate and support a spectrum of interprofessional educational resources and tools, for front-line health care providers, in order to improve the quality of palliative and end-of-life care for Canadians through knowledge translation, implementation and capacity building.



## FINANCIALS

### **REVENUES:**



## Learning Essential Approaches to Palliative and End-of-Life Care (LEAP) Courseware

## BACKGROUND

Pallium Canada's Learning Essential Approaches to Palliative and End-of-Life Care (LEAP) courseware has been renewed and taught to interprofessional frontline healthcare providers throughout Canada. With guidance from the National LEAP Advisory Committee, the renewed courseware has been updated to reflect current best evidence and practices to effectively build palliative care capacity at the generalist level. Evaluation has shown that LEAP participants are experiencing significant improvements in knowledge and attitudes post training.

LEAP Products are tailor-made for numerous care settings and aim to provide the right care, at the right time, in the right place. Pallium Canada's competencybased courseware allows participants to select from a spectrum of courses and care settings that are most relevant to their individual professional development, including: LEAP Core, LEAP Mini, LEAP Mini Oncology, LEAP Paramedic, LEAP Long-Term Care, and Taking Ownership. LEAP adaptations that are currently in development address: Emergency Departments, Surgery, Hospice, Hospitals, Pediatrics, Chronic Illness, Undergraduate, Residency Programs plus modules to frame cultural sensitivity through an Aboriginal lens. 897

**LEAP PARTICIPANTS** 

31

**LEAP CORE** 

#### Learning Essential Approaches to Palliative and End-of-Life Care (LEAP) Courseware (CONT'D)



First Nations, Inuit and Metis Provincial Palliative Care Engagement Symposium

Manitoulin Island, Ontario

#### **IMPACTS**

The Learning Essential Approaches to Palliative and End-of-Life Care Courseware has benefited Canadians by increasing the capacity and accessibility of palliative care. More specifically, the LEAP Courseware has built primary level palliative care capacity, strengthened interprofessional care teams, increased accessibility of palliative and end-of-life care education, and improved the care that persons and their families living with life-threatening illnesses can expect to receive.

In the 2014 fiscal year, over 800 front-line interprofessional healthcare providers completed the LEAP courseware. This included 31 LEAP Core, 6 LEAP Mini, and 6 LEAP Mini Oncology courses hosted throughout Canada.

**6** LEAP Mini



## LEAP FACILITATOR TRAINING

#### BACKGROUND

In 2014, Pallium Canada relaunched LEAP Facilitator Training for the Learning Essential Approaches to Palliative and End-of-Life Care (LEAP) courseware. LEAP Facilitator Training focuses on two primary goals; ensuring existing LEAP Facilitators are up-to-date on the redesigned courseware, and training champions in primary level palliative care as new LEAP Facilitators. LEAP Facilitator Training has enabled Pallium Canada to build capacity in palliative care across Canada by educating more front-line healthcare professionals, solidifying local interprofessional healthcare teams, and by standardizing competency-based training.

#### **IMPACTS**

In an effort to create a core group of qualified LEAP Facilitators in all regions of Canada, Pallium Canada hosted LEAP Facilitation Training sessions throughout the country, including: Ontario, Saskatchewan, Nova Scotia and New Brunswick. During these training sessions 149 champions in primary-level palliative care were trained as new LEAP Facilitators. Additionally, 110 existing LEAP Facilitators enrolled for re-orientation in the Pallium Portal.

In 2015, Pallium Canada will host additional LEAP Facilitator training sessions in Ontario, Alberta, Newfoundland, Quebec and British Columbia!

## 149 NEW FACILITATORS

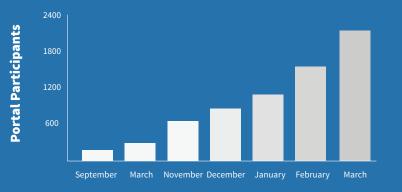
EXISTING FACILITATORS

## E-LEARNING RESOURCES

#### BACKGROUND

Pallium Canada designs e-Learning resources to educate and engage both the general public and healthcare professionals to improve delivery of high quality palliative and end-of-life care. Pallium Canada's e-Learning resources include the Pallium Canada Portal, Doodles, Snippets, and Courselets.

The Pallium Portal is a Learning Management System (LMS) that organizes and tracks learner and facilitator activity. The Pallium Portal launched in September 2014 as our central hub for interprofessional development and provides access to tailor-made palliative care courses, an extensive library of e-Learning resources, facilitation support tools, and an energized community of practice.



## 125,000

## **YOUTUBE VIEWS**

#### IMPACTS

To date, over 125,000 stakeholders have accessed Pallium Canada's e-Learning Doodles, Snippets and other communication videos on Pallium Canada's YouTube Channel. The e-Learning resources are also used as teaching aids in LEAP courses to engage learners and have been featured on external websites such as the Canadian Virtual Hospice and e-Hospice.

## CLINICAL DECISION-SUPPORT TOOLS

## BACKGROUND

To promote best practice palliative and end-of-life care, Pallium Canada develops practical professional clinical decision-support resources and tools for primary care providers. Pallium Canada's clinical decision-support resources and tools include the Pallium Palliative Pocketbook, E-Pocketbook, and Resource App.

The Pallium Palliative Pocketbook is a practical, peerreviewed, fully referenced resource intended to support safe, ethical, effective and accountable palliative clinical service. In 2014, the Canadian Medical Association Journal conducted a review of the Pallium Palliative Pocketbook and declared that *"there isn't a clinical question in palliative medicine that this book can't answer."* (May, 2015)

In 2014, Pallium Canada made the Pocketbook more accessible with the creation of the Pallium Palliative E-Pocketbook which is available for download on Apple iTunes and Amazon Kindle.

The Pallium Canada Resource App was developed to assist healthcare professionals and Canadians find the palliative and end-of-life resources that they need.



#### **Pallium Canada Resource App**

In peer-review

The Resource App provides access to clinical decisionsupport tools, essential conversation tips, national resources, and a framework to input provincial and local resources. It is currently in final review as a web-based resource, soon to be available for download from Apple iTunes and Google Play. "Pallium Canada has the expertise, the passion, the leadership and the breadth to mobilize the palliative care agenda with excellence to all of Canada and I am thrilled to be a part of this movement."



Dr. Lori Teeple, MD CCFP(EM) FCFP

National LEAP Advisory Committee Member Associate Professor Medicine and Family Medicine Schulich School of Medicine and Dentistry Western University Physician Bluewater Area Family Health Team

### **CLINICAL DECISION-SUPPORT TOOLS**

#### **IMPACTS**

In 2014, over 3,500 copies of the Pallium Palliative Pocketbook were purchased. Additionally, another 75 Pallium Palliative E-Pocketbooks were downloaded by Pallium Canada stakeholders.



## PALLIUM CANADA'S ENGAGEMENTS & PARTNERSHIPS

## EVENTS, CONFERENCES, SYMPOSIUMS AND WORKSHOPS

Through events, conferences, symposiums, workshops and training sessions, Pallium Canada engaged with stakeholders to foster new working partnerships. In 2014, Pallium Canada participated/presented at the following events:

- Canadian Conference on Medical Education,
   Ottawa
- Canadian Hospice Palliative Care Association Banff Learning Institute – Interprofessional Education Stream, Banff
- Canadian Partnership Against Cancer Person
   Centered Perspective Network, Calgary
- Canadian Society of Palliative Care Physicians,
   Toronto
- Conference Board of Canada 2014 Health Summit, Toronto
- Family Medicine Forum, Quebec City
- First Nations, Inuit and Metis Provincial Palliative Care Engagement Symposium, Manitoulin Island
- Hospice Palliative Care Ontario Annual Conference, Richmond Hill
- Ontario Association of Non-Profit Homes and Services for Seniors (OANHSS), Toronto

- **Palliative Care Educational Planning Meeting**, Six Nations Polytechnic
- Palliative Care Regional Academic Rounds, Ottawa
- Palliative Care "Stop in Symposium," Renfrew
- Quality End-of-Life Care Coalition of Canada
   Annual meetings, Ottawa
- Saskatchewan Hospice Palliative Care
   Association, Saskatoon
- Technology Evaluation in the Elderly (TVN)
   Scientific Meetings, Toronto
- 12th Annual Innovations in Palliative Care, McMaster University, Hamilton
- 20th International Congress on Palliative Care, Montreal
- World Hospice and Palliative Care Day Special Lecture, Ottawa

## **COLLABORATIVE PARTNERSHIPS**

- Bayshore Home Health
- Brain Tumour Foundation of Canada
- Canadian Hospice Palliative Care Association
- Canadian Society of Palliative Care Physicians
- **Cancer Care Ontario** INTEGRATE Project (through Canadian Partnership Against Cancer funding)
- **Emergency Health Services** in Nova Scotia and Prince Edward Island - LEAP Paramedic (through Canadian Partnership Against Cancer Funding)
- Quality End-of-Life Care Coalition of Canada
- TVN Improving Care for the Frail Elderly



**20th International Congress on Palliative Care** *Montreal, Canada* 

## REPORTS ON PALLIATIVE CARE AND PALLIUM CANADA

Pallium Canada has been referenced in several topical reports on palliative care, including:

- Palliative Care: CMA National Call to Action Examples of Innovative care delivery models, training opportunities and physician leaders in palliative care (2014-2015)
- **2014 Auditor General of Ontario Annual Report:** 3.08 Report: Palliative Care (December, 2014)
- **Canadian Medical Association Journal** "Filling a gap in palliative care" (Pallium Palliative Pocketbook Review) (February, 2015)
- Canadian Society of Palliative Care Physicians
   Human Resources Committee Highlights from the National Palliative Medicine Survey (May, 2015)

## PALLIUM CANADA'S 2014 GALLERY



CHPCA Banff Learning Institute, Banff

Pallium Canaua

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Why Richts

Palliative Care "Stop in Symposium," Renfrew Hospice Palliative Care Ontario, Richmond HIII



Hospice Palliative Care Ontario, Richmond HIII

Funding Announcement, Ottawa

First Nations, Inuit and Metis Provincial Palliative Care Engagement Symposium, Manitoulin Island "Pallium Canada has created interprofessional curriculum and resources that increases the capacity of all health care providers across settings of care. I am inspired to facilitate education that creates real change in the culture of those settings."

#### Jill Marcella, MSW, RSW

Long-Term Care Working Group Chair National LEAP Advisory Committee Member Lakehead University Research Team

## JOIN THE PALLIUM CANADA COMMUNITY!

## 1. SPONSOR A LEAP FACILITATOR TRAINING SESSION

Enhance your community's palliative and end-of-life care capacity by hosting a LEAP Facilitator Training session in your region. If interested, please contact Pallium Canada's Program Manager, Nathalie Gravelle-Ray at (613) 562-6262 x. 1742 or by email at ngravelle@pallium.ca to learn more about the criteria for LEAP Facilitator training sponsorship.

## **2. BECOME A LEAP FACILITATOR**

Help build capacity in palliative care by educating frontline healthcare professionals in your community. LEAP Facilitators solidify local interprofessional healthcare teams through standardized, competency-based training. In 2015, Pallium Canada is hosting upcoming LEAP Facilitator Training sessions in Newfoundland and Labrador, Quebec and British Columbia. Contact Nathalie Gravelle-Ray for more information!

## **3. ATTEND A LEAP COURSE**

Pallium Canada's LEAP courseware is offered across many care settings, including family health teams, cancer clinics, long-term care facilities, and community through LEAP Core, LEAP Mini, LEAP Mini Oncology, LEAP LTC, and LEAP Paramedic. Visit the Pallium Portal to locate a LEAP course located near you!



#### First Nations, Inuit and Metis Provincial Palliative Care Engagement Symposium

Manitoulin Island, Ontario

## 4. BECOME A COURSEWARE/CONTENT REVIEWER

Pallium Canada's reviewers are integral to the quality and consistency of Pallium Canada's products. If you are interested in becoming a Pallium Canada courseware/content reviewer please contact Nathalie Gravelle-Ray about your interests and expertise.

## 5. JOIN PALLIUM CANADA AT INDUSTRY CONFERENCES AND EVENTS

Pallium Canada regularly participates in industry-based conferences and events. In 2015, Pallium Canada is scheduled at the following conferences:

- Canadian Surgical Forum, Quebec City September
  17-20
- 3rd Annual TVN Conference on Improving Care for the Frail Elderly, Toronto – September 27-29
- Palliative Care Caribbean Collaboration, Barbados October 10-16
- Mobilizing your Compassionate Community Symposium, Ottawa – October 28
- Canadian Hospice Palliative Care Association
   Annual Conference, Ottawa October 29-November 1
- Family Medicine Forum, Toronto November 11-14

### 6. SIGN UP FOR THE PALLIUM CANADA NEWSLETTER AND FOLLOW US ON SOCIAL MEDIA

Pallium Canada's monthly newsletter provides instant access to curriculum developments, National LEAP Advisory Committee profiles, blogs, and industry events. To keep up to date with Pallium Canada, sign up for the Newsletter, subscribe to our YouTube Channel or follow us on Twitter!



Hospice Palliative Care Ontario Presentation, 2014

Richmond HIII, Ontario

## LEAPing FORWARD

Pallium Canada continues with significant work commitments in the coming year including completing annual updates to LEAP Core, LEAP Mini and LEAP Mini Oncology. We will also begin wide distribution of the newly completed LEAP Long-Term Care and LEAP Paramedic courseware. Further competencies will be identified and adaptations made to the LEAP Surgery and LEAP Emergency Department courseware. In addition, Pallium will be releasing additional "lego blocks" that can supplement the LEAP Courseware, including modules on: End-Stage Heart Failure, End-Stage Renal, Non-Cancer, and Palliative Chemo Therapy.

In addition to courseware developments, Pallium will be adding to our collection of Snippets and Courselets. Snippets currently in development highlight hypodermoclysis and screening and diagnostic tools for delirium. Upcoming Courselets will focus on delirium screening and diagnostic tools to provide a more in-depth understanding of the topic beyond Snippets.

Pallium will also be enhancing our clinical decision-support tools with additional translations of the Pallium Palliative Pocketbook and the release of the Pallium Canada App.



#### International Public Health and Palliative Care Conference

Bristol, England

The Pocketbook will soon be released in French in both print and as an E-book. Pallium is in the early stage of translating the Pallium Pocketbook into Japanese at the request of international stakeholders. The Pallium Canada App is designed to assist healthcare professionals and help Canadians find the palliative and end-of-life care resources they need. The Pallium Canada App will provide access to clinical decision-support tools, essential conversation tips, national resources, and a framework to input provincial and local resources.

There is a great deal more to be done and Pallium Canada, together with our growing community of compassionate palliative care providers are ready to meet the challenges that the future may hold.

## Thank you for helping to make this work possible!

"I have observed that Pallium Canada is already having an impact far beyond the palliative care educational content it produces and disseminates. The impact is in the growing acceptance in the Canadian interprofessional healthcare community of Pallium's underlying message that all healthcare providers have a responsibility to provide palliative care. And these providers soon come to believe that they are capable and competent to do so. This confidence will no doubt increase our capacity to provide palliative care earlier in the illness trajectory and hence improve accessibility of Canadians to these services across the country."

#### Sandy Buchman MD CCFP FCFP

Assistant Professor Department of Family and Community Medicine, University of Toronto Clinical Lead QI & Primary Care Engagement Palliative Care, Cancer Care Ontario Education Lead & Family Physician Practising in Palliative Care The Temmy Latner Centre for Palliative Care





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## Thank you for your support!

LEAP

