



Palliative Care Education

LEAP Mini is a one-day course that provides health care professionals with the essential skills and competencies of the palliative care approach.

This course takes an interprofessional approach and promotes teamwork and collaboration among different health care professionals who work in a variety of settings and organizations.

Who is it for?

LEAP Mini is ideal for any health care professional (e.g. physicians, nurses, pharmacists, social workers, etc.) whose primary focus of work is not palliative care but who provides care for patients with life-threatening and progressive life-limiting illnesses.

Course Features

- This Group Learning program has been certified by the College of Family Physicians of Canada for up to **16.50 Mainpro+ credits**
- LEAP Mini is an Accredited Group Learning Activity as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada for **8.25 hours**
- One day, 8.5 hours in total
- Face-to-face learning with group discussion and case studies
- Interprofessional approach
- Course materials include a downloadable manual and the best-selling resource, the Pallium Palliative Pocketbook

Course Structure

- ◆ Taking Ownership
- ◆ Advance Care Planning and Decision-Making
- ◆ Pain
- ◆ Dyspnea
- ◆ Essential Conversations
- ◆ Delirium
- ◆ Nausea, Nutrition, and Hydration
- ◆ Psychological Distress
- ◆ Last Days and Hours

About Pallium Canada

Pallium is a national, evidence-based organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

Key LEAP Features:

- ✓ Created and reviewed by experts
- ✓ Evidence-based
- ✓ Regularly updated and improved
- ✓ Practical, case-based
- ✓ Interprofessional
- ✓ Accredited
- ✓ Available in English and French

To learn more about LEAP courses, tools, and resources visit: pallium.ca

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