



Palliative Care Education

LEAP Core is a two-day course that provides health care professionals with an in-depth learning experience on essential skills and competencies of the palliative care approach.

This course takes an interprofessional approach and promotes teamwork and collaboration among different health care professionals who work in a variety of settings and organizations.

Who is it for?

LEAP Core is ideal for any health care professional (e.g. physicians, nurses, pharmacists, social workers, etc.) whose primary focus of work is not palliative care but who provides care for patients with life-threatening and progressive life-limiting illnesses.

Course Features

- This Group Learning program has been certified by the College of Family Physicians of Canada for up to **28 Mainpro+ credits**
- Two days, 14 hours in total
- Face-to-face learning with group discussion and case studies
- Interprofessional approach
- Course materials include a downloadable manual and the best-selling resource, the Pallium Palliative Pocketbook

Course Structure

- ◆ Being Aware
- ◆ Taking Ownership
- ◆ Decision-Making
- ◆ Gastrointestinal, Nutrition, and Hydration
- ◆ Advance Care Planning
- ◆ Delirium
- ◆ Respiratory Symptoms
- ◆ Psychosocial and Spiritual Care
- ◆ Grief
- ◆ Essential Conversations
- ◆ Last Days and Hours
- ◆ Palliative Sedation
- ◆ Resources and Quality Improvement

About Pallium Canada

Pallium is a national, evidence-based organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

Key LEAP Features:

- ✓ Created and reviewed by experts
- ✓ Evidence-based
- ✓ Regularly updated and improved
- ✓ Practical, case-based
- ✓ Interprofessional
- ✓ Accredited
- ✓ Available in English and French

To learn more about LEAP courses, tools, and resources visit: pallium.ca

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