

# LEAP Renewal

National Standardized Interprofessional Education

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## Introduction

The Pallium Canada *Learning Essential Approaches to Palliative and End-of-Life Care* (LEAP) course was first developed in 2002 as an interprofessional clinical introduction to palliative care, targeting physicians, nurses, social workers and pharmacists. Since then, hundreds of workshops have been delivered Canada-wide and evaluation has shown significant improvement in knowledge and attitudes post training. Focusing on current best practices, LEAP provides a standardized, competency based approach to enhancing palliative care services across Canada.

## LEAP Renewal Process

The original LEAP course (1.1) content has been reviewed and updated to reflect current best evidence, practice and the changing populations served by healthcare professionals. This renewal work continues through an extensive peer-review process with palliative medicine experts throughout Canada to ensure program quality assurance.

## Guiding Principles of LEAP

- Translate and diffuse knowledge
- Promote interprofessional care
- Constructivist design to promote active learning
- Connect community to local palliative care resources
- Build palliative care capacity at generalist level (non-palliative care specialists) through competency based education

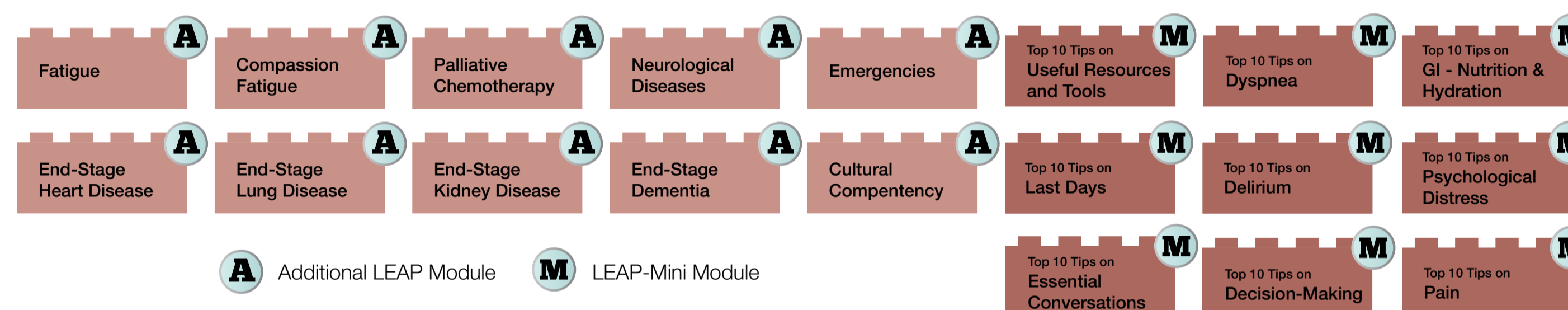
## LEAP Design

- Practical knowledge and skills
- Flexible, modular design (tailor-made to learners' needs)
- Competency based curriculum development
- Apply current best practices in adult learning (including a constructivist approach)
- Learning methods include Case Based Learning (CBL), small and large group learning, theory bursts, reflective exercises, trigger videos ("not quite right" videos) and Doodles and Snippets

## Development Steps of LEAP Products



## LEAP Core Modules



Pallium Canada has developed, and continues to develop, multiple LEAP courseware modules. These modules serve as the building blocks for LEAP products, with modifications to adapt to specific setting discipline specialties.

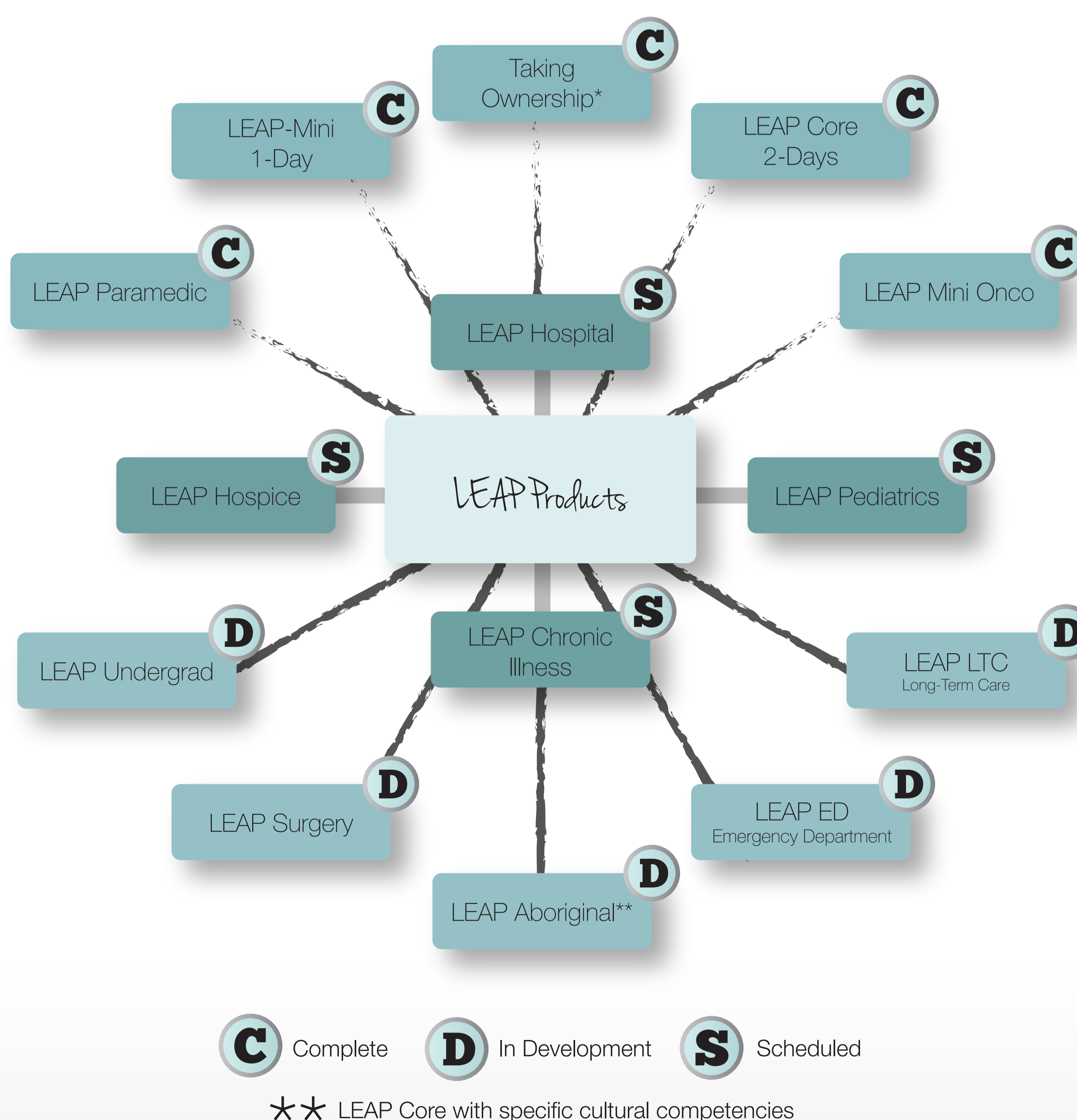
## Facilitator Training

Pallium Canada has renewed Facilitator Training for LEAP by engaging with new and existing LEAP Facilitators. Pallium Canada Certified LEAP Facilitators have high professional credentials (with a minimum of 2 years' experience providing front-line hospice palliative care), have successfully completed LEAP training, and have experience as an educator. Certified LEAP Facilitators help build community capacity by teaching the LEAP courseware to front-line healthcare professionals all across Canada. The Canada-wide pool of trained facilitators benefit from on-going monitoring provided through learner evaluation feedback and are supported through the Pallium Portal post training.

## Professional Development

- Obtain credits from professional bodies (E.g. Royal College of Physicians and Surgeons of Canada, College of Family Physicians of Canada, and Canadian Nurses Association)
- Creation of centralized CPD/CME accreditation process through Pallium Canada's National Office

## LEAP Products



## Quality Assurance Measures

- LEAP Facilitator certification training
- New centralized accreditation process
  - LEAP courses are audited to ensure high quality
- Rigorous peer-review process
- Extensive evaluation to measure impact on change of practice
- Build on previous evaluation of impact of course on knowledge and learner comfort levels (PhD Dissertation M. Palacios)

## Selecting a LEAP Course

Pallium Canada now has a number of products, including various courses. Selecting the right one depends on:

- Care setting
- Target learners and disciplines
- Time availability
- Existence of a team

The LEAP Core is the preferred course for community settings. LEAP Long-Term Care is appropriate for nursing/retirement homes. LEAP Mini is best utilized by an existing team (e.g. Family Health Clinic).