

# Palliative Care Education

LEAP Long-Term Care is an interprofessional, facilitated online learning program that focuses on the essential competencies to provide a palliative care approach, with case studies and webinars contextualized to the long-term care setting.

## WHO IS IT FOR?

LEAP Long-Term Care is ideal for any health care professional (e.g., physicians, nurses, pharmacists, social workers, home care nurses, etc.) as well as personal support workers (PSWs) or care aides working in long-term care and nursing homes.

## KEY LEAP FEATURES

- ✓ Created and reviewed by Canadian experts
- ✓ Evidence-based
- ✓ Regularly updated and approved
- ✓ Practical, case-based
- ✓ Accredited

## COURSE FEATURES

- 16 interactive, self-learning online modules completed at your own pace (approximately 8 hours of work).
- 6 hours of online webinars led by LEAP facilitators where learners will work through cases and discuss learnings from online modules. Personal support workers/care aides have specific case studies contextualized to their role.
- Learners receive a LEAP certificate of completion and an electronic copy of the best-selling resource, the Pallium Palliative Pocketbook.

## FACILITATORS

LEAP courses are taught by a dedicated group of palliative care clinicians and educators from across Canada. From major cities to rural towns, Pallium's certified facilitators bring their experience, knowledge, and passion to deliver LEAP training and advocate for better palliative care in their communities.

## SELF-LEARNING MODULES

- Being Aware
- Taking Ownership
- Decision-Making and Advance Care Planning
- Pain Management
- Delirium and Dementia
- Essential Conversations
- Psychosocial and Spiritual Care
- Gastrointestinal Symptoms, Hydration, and Nutrition
- Respiratory Symptoms
- Last Days and Hours
- Grief
- Organizational Readiness

## ABOUT PALLIUM CANADA

Pallium is a national, non-profit organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

To learn more about LEAP courses and other resources, visit [pallium.ca](https://pallium.ca)

## CONNECT WITH US

 [@palliumcanada](https://twitter.com/palliumcanada)

 [/palliumcanada](https://facebook.com/palliumcanada)

 [/palliumcanada](https://linkedin.com/company/palliumcanada)



**LEAP** Learning Essential  
Approaches to Palliative Care