



LEAP

CORE

IN-PERSON COURSE

# Palliative Care Education

LEAP Core is an interprofessional, two-day course that focuses on the essential competencies to provide a palliative care approach.

## WHO IS IT FOR?

LEAP Core is ideal for any health care professional (e.g., physicians, nurses, pharmacists, social workers, etc.) whose primary focus of work is not palliative care but who provides care for patients with life-threatening and progressive life-limiting illnesses.

## TOPICS COVERED INCLUDE

- This Group Learning program has been certified by the College of Family Physicians of Canada for up to **28 Mainpro+ credits**.
- Two days, 14 hours in total.
- Face-to-face learning with group discussion and case studies.
- Learners receive a LEAP certificate of completion and an electronic copy of the best-selling resource, the Pallium Palliative Pocketbook.

## KEY LEAP FEATURES

- ✓ Created and reviewed by Canadian experts
- ✓ Evidence-based
- ✓ Regularly updated and approved
- ✓ Practical, case-based
- ✓ Accredited



LEAP Learning Essential  
Approaches to Palliative Care

## FACILITATORS

LEAP courses are taught by a dedicated group of palliative care clinicians and educators from across Canada. From major cities to rural towns, Pallium's certified facilitators bring their experience, knowledge, and passion to deliver LEAP training and advocate for better palliative care in their communities.

## COURSE MODULES

- Being Aware
- Taking Ownership
- Decision-Making
- Pain
- Gastrointestinal Symptoms, Nutrition, and Hydration
- Advance Care Planning
- Delirium
- Respiratory Symptoms
- Psychosocial and Spiritual Care
- Grief
- Essential Conversations
- Last Days and Hours
- Palliative Sedation
- Resources and Quality Improvement

## ABOUT PALLIUM CANADA

Pallium is a national, non-profit organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

To learn more about LEAP courses and other resources, visit [pallium.ca](http://pallium.ca)

## CONNECT WITH US

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**LEAP** Learning Essential  
Approaches to Palliative Care

# Palliative Care Education

LEAP Core (online) is an interprofessional, facilitated online learning program that focuses on the essential competencies to provide a palliative care approach.

## WHO IS IT FOR?

LEAP Core (online) is ideal for any health care professional (e.g., physician, nurse, pharmacist, social worker, etc.) who would like to complete training in palliative care at their own pace and who provides care for patients with life-threatening and progressive life-limiting illnesses.

## KEY LEAP FEATURES

- ✓ Created and reviewed by Canadian experts
- ✓ Evidence-based
- ✓ Regularly updated and approved
- ✓ Practical, case-based
- ✓ Accredited

## COURSE FEATURES

- This Group Learning program has been certified by the CFPC for up to **24 Mainpro+ credits**.
- This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College and approved by the University of Ottawa's Office of Continuing Professional Development. You may claim a maximum of **12.0 hours**.
- 17 interactive, self-learning online modules completed at your own pace (approximately 8 hours of work).
- 6 hours of online webinars led by LEAP facilitators where learners will work through cases and discuss learnings from online modules.
- Learners receive a LEAP certificate of completion and an electronic copy of the Pallium Palliative Pocketbook.

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## TOPICS COVERED INCLUDE

- Taking Ownership
- Advance Care Planning
- Goals of Care and Decision-Making
- Pain Assessment
- Pain Management
- Delirium Assessment
- Delirium Management
- Depression, Anxiety, and Grief
- Dyspnea
- Hydration and Nutrition
- Gastrointestinal Symptoms
- Palliative Sedation
- Request to Hasten Death
- Suffering, Spiritual Care, and Maintaining Hope
- Last Days and Hours

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