



LEAP

CORE

ONLINE COURSE

Palliative Care Education

LEAP™ Core (online) is an interprofessional, facilitated online learning program that focuses on the essential competencies to provide a palliative care approach.

WHO IS IT FOR?

LEAP™ Core (online) is ideal for any health care professional (e.g., physician, nurse, pharmacist, social worker, etc.) who would like to complete training in palliative care at their own pace and who provides care for patients with life-threatening and progressive life-limiting illnesses.

KEY LEAP™ FEATURES

- ✓ Created and reviewed by Canadian experts
- ✓ Evidence-based
- ✓ Regularly updated and approved
- ✓ Practical, case-based
- ✓ Accredited

COURSE FEATURES

- This two-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and the Quebec College of Family Physicians, a continuing professional development–accrediting organization recognized by the Collège des médecins du Québec, and has been approved for **24.0 Mainpro+®** credits under the condition that the ethical standards are met.
- This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa's Office of Continuing Professional Development. You may claim a maximum of **12 hours** (credits are automatically calculated).
- 17 interactive, self-learning online modules completed at your own pace (approximately 8 hours of work).



LEAP Learning Essential
Approaches to Palliative Care

FACILITATORS

LEAP™ courses are taught by a dedicated group of palliative care clinicians and educators from across Canada. From major cities to rural towns, Pallium's certified facilitators bring their experience, knowledge, and passion to deliver LEAP™ training and advocate for better palliative care in their communities.

TOPICS COVERED INCLUDE


- Taking Ownership
- Advance Care Planning
- Goals of Care and Decision-Making
- Pain Assessment
- Pain Management
- Delirium Assessment
- Delirium Management
- Depression, Anxiety, and Grief
- Dyspnea
- Hydration and Nutrition
- Gastrointestinal Symptoms
- Palliative Sedation
- Request to Hasten Death
- Suffering, Spiritual Care, and Maintaining Hope
- Last Days and Hours


ABOUT PALLIUM CANADA


Pallium is a national, non-profit organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

To learn more about LEAP™ courses and other resources, visit pallium.ca

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LEAP Learning Essential
Approaches to Palliative Care



LEAP

CORE

HYBRID COURSE

Palliative Care Education

LEAP™ Core (hybrid) is an interprofessional, blended learning program that focuses on the essential competencies to provide a palliative care approach.

WHO IS IT FOR?

LEAP™ Core (hybrid) is ideal for any health care professional (e.g., physician, nurse, pharmacist, social worker, etc.) who would like to complete training in palliative care at their own pace and who provides care for patients with life-threatening and progressive life-limiting illnesses.

KEY LEAP™ FEATURES

- ✓ Created and reviewed by Canadian experts
- ✓ Evidence-based
- ✓ Regularly updated and approved
- ✓ Practical, case-based
- ✓ Accredited

COURSE FEATURES

- This two-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and the Quebec College of Family Physicians, a continuing professional development–accrediting organization recognized by the Collège des médecins du Québec, and has been approved for **24.0 Mainpro+®** credits under the condition that the ethical standards are met.
- This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa’s Office of Continuing Professional Development. You may claim a maximum of **12 hours** (credits are automatically calculated).
- 17 interactive, self-learning online modules completed at your own pace, and 6 hours of face-to-face learning.



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FACILITATORS

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TOPICS COVERED INCLUDE

- Taking Ownership
- Advance Care Planning
- Goals of Care and Decision-Making
- Pain Assessment
- Pain Management
- Delirium Assessment
- Delirium Management
- Depression, Anxiety, and Grief
- Dyspnea
- Hydration and Nutrition
- Gastrointestinal Symptoms
- Palliative Sedation
- Request to Hasten Death
- Suffering, Spiritual Care, and Maintaining Hope
- Last Days and Hours


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Pallium Canada

LEAP Learning Essential
Approaches to Palliative Care



LEAP

CORE

IN-PERSON COURSE

Palliative Care Education

LEAP™ Core is an interprofessional, two-day course that focuses on the essential competencies to provide a palliative care approach.

WHO IS IT FOR?

LEAP™ Core is ideal for any health care professional (e.g., physicians, nurses, pharmacists, social workers, etc.) whose primary focus of work is not palliative care but who provides care for patients with life-threatening and progressive life-limiting illnesses.

KEY LEAP™ FEATURES

- ✓ Created and reviewed by Canadian experts
- ✓ Evidence-based
- ✓ Regularly updated and approved
- ✓ Practical, case-based
- ✓ Accredited

COURSE FEATURES

- This two-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and the Quebec College of Family Physicians, a continuing professional development–accrediting organization recognized by the Collège des médecins du Québec, and has been approved for **28.0 Mainpro+®** credits under the condition that the ethical standards are met.
- Two days, 14 hours in total.
- Face-to-face learning with group discussion and case studies.
- Learners receive a LEAP™ certificate of completion and an electronic copy of the best-selling resource, the Pallium Palliative Pocketbook.



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TOPICS COVERED INCLUDE


- Being Aware
- Taking Ownership
- Decision-Making
- Pain
- Gastrointestinal Symptoms, Nutrition, and Hydration
- Advance Care Planning
- Delirium
- Respiratory Symptoms
- Psychosocial and Spiritual Care
- Grief
- Essential Conversations
- Last Days and Hours
- Palliative Sedation
- Resources and Quality Improvement


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